

# Plantation Living

NEWSLETTER FOR RESIDENTS OF HILTON HEAD PLANTATION

Volume 37/Issue 9 - September 2023

## HHP FALL EVENT LINEUP

Trash & Treasure Sale | Fall Harvest Party | Halloween Pet Parade

### Fall Harvest Party

The Activities Department is excited to once again offer a "Fall Harvest Party" on Saturday, October 28, from 3:00-6:00 PM at the Plantation House parking lot areas. The event will include inflatables, a hayride to the Seabrook Farms and our very own pumpkin patch, music, a costume parade for the kids, and an assortment of yummy refreshments for everyone to enjoy.

In case of inclement weather, the event will be moved to the following day - Sunday, October 29. [Read more on page 20.](#)



### Trash & Treasure Sale



Our Annual Fall Trash & Treasure Sale will take place on Saturday, October 14, from 11:00 AM - 2:00 PM in the Plantation House Parking Lot. In case of inclement weather, it will be moved to Saturday, October 21.

For more information on the event and to reserve a table, please go to page 22.



### Halloween Pet Parade

Get ready to have a HOWLING good time at this year's Halloween Pet Parade! Come join in on the fun as we watch our pets and owners parade around in costume! Ribbons will be awarded in various categories and raffles will be held throughout the event. Stop by the Plantation House parking lot and check out all the outrageous and zany outfits!

Date: **Friday, October 27**  
 Time: **5:00 PM - 6:00 PM**  
 Place: **Plantation House Parking Lot**  
 Cost: **One Canned Food Item**



To enter your pet into the Halloween Pet Parade, we are asking everyone who would like to participate to please bring a canned food item to be distributed to a family in need at Christmas time. For questions, call Jen at the Scheduling Office at 843-681-8090. We hope to see you and your pet too!

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# Hilton Head Plantation

## Property Owner's Association

7 Surrey Lane - PO Box 21940  
Hilton Head Island, SC 29925  
Tel. 843-681-8800 Fax 843-681-8801  
Hours: Mon.-Fri. 8:00 AM - 4:30 PM  
[www.hiltonheadplantation.com](http://www.hiltonheadplantation.com)

## Board of Directors

### Board of Directors Hotline Ext. 9

President Ed Schottland  
Vice President Carlton Dallas  
Secretary Lori Schmidt  
Treasurer Jon Heron

## Members

Jordan Berliner Margie Lechowicz  
Rex Garniewicz Keith Schlegel  
Mike Harris

## POA Staff

### General Manager

Peter Kristian Ext. 233

### Asst. Gen. Mgr./Administration

Todd Lindstrom Ext. 239

### Director of Activities/Recreation

Chrissy Kristian Ext. 226

### ARB/Covenants

Michele Chisolm Ext. 231

### Communications

Leah Davis Ext. 244

### Maintenance

David Mills Ext. 227

### Security Director

Major Warren Gaither 843-681-3843

### Tennis Pro

Trevor Scott 843-681-3626

## Important Phone Numbers

**POA Service Center 843-681-8800**  
Accounting Ext. 236  
Communications Ext. 244  
Covenant Enforcement Ext. 242  
Maintenance Shop Ext. 241  
Tennis Hotline Ext. 290  
Vehicle Decals Ext. 223  
Dolphin Head Building 843-681-8019  
Plantation House 843-681-8090  
Scheduling Office 843-681-8090  
Spring Lake Pavilion 843-681-3707  
Spring Lake Pool Information 843-689-6473  
Spring Lake Tennis 843-681-3626

## Security & Emergencies

Dispatch (24 hours) 843-681-2459  
Pass Line (24 hours) 843-342-9980  
Security Office 843-681-3053  
Fire & Ambulance Dial 911

# From the *President's Desk*

As fall begins this month, welcome back to all of you who did some traveling during the summer months. For me, it was family visiting here and a constant float around the lazy river with my grandkids. August was a quiet month here in HHP: one last concert, a coffee with Peter, the kick-off of Pickleball at Spring Lake Tennis, and of course, busy days at the pool.

The pool remains open, clubs are starting to meet again after the summer break, tennis clinics continue at Spring Lake, Bocce is underway, and several classes, as well as presentations, are planned for this month, including Coffee with Peter with our Mayor and Town Manager on September 28. Check the calendar and club reports throughout this month's Plantation Living to see where you want to join in.

Although it was generally quiet, our Board and Committees have stayed busy and continued to meet, spending time preparing for next year's Resident Opinion Survey, planning the opening of Dolphin Head and the celebration of our 50th Anniversary, working on next year's budget, preparing Pickleball guidelines and rules, and continuing their "routine" agendas. In addition to the planning noted above, on the recommendation of the Maintenance Committee, we are in the process of changing vendors for the management of our lagoons and lakes, an issue that many have expressed concern about. The transition will occur this fall. Thank you to the committee members and the committee chairs for their time and dedication to HHP.

Due to some recent decisions regarding finishing details, the Dolphin Head project completion date has been pushed back to the end of September. However, its actual opening will still depend on receiving local and state permits. Details of the progress can be found in Peter's column.

Finally, welcome to our newest residents of The Charles as the units begin to be occupied, and to those who have moved into homes throughout HHP. I hope you could attend the recent New Homeowner Meeting and enjoyed the opportunity to join our staff and meet you.

As a reminder, the following links contain information helpful to new residents, and serves as a refresher for "veteran" residents. They provide DEPENDABLE HHPPOA sources by which you can stay informed and/or share your thoughts with Board members and staff.

The following resources are the best way to stay reliably informed about the HHP issues/event/activities:

- Read *Plantation Living*, online or hard copy delivered to your mailbox
- Attend Coffees with Peter, an opportunity to hear first-hand what is happening and ask your own questions
- Enroll for e-mail blasts
- Communicate with the Board:
  - E-mail- [board@hhppoa.org](mailto:board@hhppoa.org)
  - Letter to the POA Service Center
  - By phone 843-681-8800 Ext 9
- Visit our website ([www.hiltonheadplantation.com](http://www.hiltonheadplantation.com)) for board meeting meetings and available forms and documents.

-- Ed Schottland  
Board President

# A letter from our

## *General Manager*

### Coffee With Peter

Our next Coffee will be held on Thursday, September 28, at 10:00 AM at the Plantation House. Hilton Head Island Mayor Alan Perry and Town Manager Marc Orlando will be our special guests. Our last Coffee of the year will be on Thursday, November 16, and besides our usual information period and Q&A, we will have a special 50th Anniversary celebration program, which you will not want to miss! More on this very special event as the date gets closer.

We have also scheduled a special community meeting with **School Board Superintendent Dr. Frank Rodriguez on October 11 at 10:00 AM**. Dr. Rodriguez will explain the School Board Referendum on the Ballot in November. This referendum will fund renovations in part for the Hilton Head High School Campus as well as other County school improvements.

### Fall

As we enter the fall season, time seems to speed up, at least for me, due to the rapid-fire holiday lineup and special events. As soon as the closing days of September pop up, Halloween decorations go up along with all the pomp and circumstance associated with that holiday. Some folks' Halloween decorations rival their Christmas fair! No sooner is Halloween concluded, Thanksgiving arrives, and Christmas and, finally, New Year's festivities take over in short order. All these activities, along with family, require planning, so take a deep breath and plan as you see fit for all that the fall and early winter of 2023 holds. Please take the time to look through this issue of Plantation Living along with the upcoming October, November, and December issues for all the Club, Educational, Exercise, and Special Events that the fall months hold and enjoy the choices. Your staff works quite diligently to bring you various programs and activities. HHP's many clubs provide countless opportunities to make new friends, with folks that share a passion or a similar interest in the focus of a Club's offering.

As the fall approaches, look for more information on the Halloween Pet Parade, the Trash and Treasure event, the Fall Harvest Party, the Veterans Day Observance, the Children's Christmas Party with Santa, and the ever-popular Holiday Hayrides. Enjoy!

### Dolphin Head Recreation Renovation

The Dolphin Head Renovation Project is nearing completion. Work is currently being done on the driveways and parking areas. The deck on the outside of the building is 100% completed.

The kitchen cabinets have been installed, and the tile work on the walls in the restrooms has been completed.

Flooring and painting will be the last things to finish in the building. Work on the pathways is almost complete, and the

fire pit is also completed. The picnic shelter is completed, and work has also been completed on the main trellis on the event lawn. Paving of the access roads to Pine Island and the new Dolphin Head Park are installed. The overall construction completion date has been set to the end of September 2023. We are hoping to have a Grand Opening Celebration scheduled for some time in October once we receive the all clear for occupancy. The hard surface "Sports Court" has been lined for both basketball and three Pickle Ball Courts. The Pickle Ball Courts can be reserved through the Spring Lake Tennis Pro Shop or by using their online app. There will be a charge to reserve the Pickle Ball Courts and the Basketball court for exclusive use by the hour. More details on this process will be made available once the formal policy on these uses has been adopted by the board.

We know many of the aspects of this project look like they are completed. However, they cannot be opened until all the permits and certificates have been issued. The entire area continues to be an active construction site and is limited to authorized personnel.

### RV Boat Storage Area

We are in the process of reorganizing the RV/Boat Storage area that is located next to the POA Service Center Complex. In mid-August, an email blast was sent out requesting that all with an RV/Boat or other items stored in this area contact Willette Lee at wlee@hhppoa.com or 843-681-8800 ext. 242. We have noted that some items stored in this area are not in their proper location, some items are parked in a spot that is not on their lease, and other articles give the appearance they have been abandoned. These spaces are sought after, and there is a waiting list for a spot, so making certain these spaces are being used by the proper persons is key. It will take some time to sort through all of these issues and remove any articles that do not belong in that area. You must be a property owner to lease a space in the RV/Boat Storage area, and you may not sublease your space without the written permission of the POA. Non-residents may not use this area. Willette Lee in our Community Relations Department is now overseeing this part of our operation, so please direct any questions to Ms. Lee.

### E-Bikes

E-bikes **with the motor engaged** are not permitted on HHP's Leisure Paths. HHP has always banned any type of motorized device on our leisure paths, including e-bikes, electric scooters, hoverboards, and other similar motor-driven devices. Many E-Bikes can speed up to 30 mph, which puts them on par with mopeds. The SCDMV presently regulates mopeds, and it may be just a matter of time before E-Bikes become subject to more stringent regulation. Our leisure paths have many blind curves; they are used by walkers, dog walkers, joggers, inline skaters, traditional cyclists, and just folks out for a stroll. The only motorized devices permitted on our Leisure Paths are motorized wheelchairs. E-bikes are allowed on our roadways as long as the operator observes all the rules for vehicular traffic, including Speed Limits, use of hand signals for turns, and observing all Stop signs and other traffic instructions.

# General Manager's Report

(cont'd. from page 3)

## Severe Rain Events

With Hurricane Idalia fresh in our minds, here are a few tips on managing major rain events. Such events can overwhelm our stormwater management system under ideal circumstances. Below are some things you can do to help yourself when such rain events occur:

- Keep a vegetative buffer between your yard and where the asphalt street begins. This buffer will help hold ground covers like pine straw/mulch and filter other debris that can clog storm drains, especially on our numerous reverse crown roads (where the drain is in the center of the street).

- Do not blow or throw your landscape debris into drainage ditches. This material will act as a dam and back up water into the system. If you have trees around your home, consider periodically trimming out dead wood that may overhang the structure of your home.

- If you are able, during a storm event, adopt a drain on your street, especially on reverse crown roads, and keep it clear of debris and pine straw. Security will respond to these types of situations, but they can only be in so many areas at one time. Please do not place yourself in harm's way, but if you are able to keep a storm drain clear of debris, it will help control flooding.

- DO NOT drive your car into standing water. Several folks have ruined their cars and had to be rescued because they drove their vehicles into almost three-and-a-half feet of water.

It is not uncommon for water to stand in surface ditches after a rain event. These ditches serve to collect as well as move water. Oftentimes, ditches are moving water from one elevation to another that are only a few inches different in elevation due to the topography of the land.

The staff and I want to thank everyone for their cooperation during our preparation and cleanup after Hurricane Idalia.

## Hurricane Season

As we witnessed during the last week in August, we are in the shank of Hurricane Season, so please review your Hurricane Plan and keep your Hurricane Kit properly supplied. You can find HHP's Hurricane Guidelines on our web page at [www.hiltonheadplantation.com](http://www.hiltonheadplantation.com) under the document and forms tab. We also have complimentary hard copies at the POA Service Center at 7 Surrey Lane. If you have not signed up for our email alerts, please do so by choosing the email tab on our website and follow the instructions. This system is the main form of communication during hurricanes or other emergencies. Please take advantage of this invaluable tool.

## Safety Tips

I often find myself repeating the obvious, however, I am also reminded that what may seem obvious too many needs to be

pointed out from time to time as reminders.

Motorists, please share the road with cyclists. We strongly discourage bicycles on Whooping Crane Way and Seabrook Drive south of Seabrook Wye. Cyclists need to use the leisure paths, and when using our shared roadway system, ride with vehicular traffic and as close to the shoulder of the road as possible. Cyclists are subject to the same rules of the road as a motor vehicle.

Cyclists, please do not challenge a motor vehicle when on our roadways. Ride your bike defensively, as motorists are often not looking as they should for cyclists approaching an intersection where cross traffic has the right of way.

Those using our leisure paths must stop or yield at intersections to motor vehicles.

Many youngsters are back at school, so be on the lookout when driving about the community for kids, especially in the morning and midafternoon when schools let out for the day.

Remember- Lock the doors to your vehicles and home, and do not leave items of value in plain sight. If you own a gun, you have a special responsibility to secure your weapon to keep it from falling into the hands of those with ill intent or who do not know how to properly handle a weapon.

## Slow Down and use your Turn Signals

Please slow down. We share the road on HHP with all manner of walkers, cyclists, dog walkers' joggers, etc.

## Dogs and Pine Island

Please always keep your pet on a leash and pick up after your pet. There is not an exception to this rule on the beach at Pine Island.

## Cart Path and Golf Course Fishing Lagoon Etiquette

As a courtesy, the golf courses open their cart paths up to residents at certain hours in the morning and evening. Please observe these times when using their cart paths. It is both dangerous and disruptive to play using the cart paths or fish in the lagoons owned by one of the golf courses during times other than those designated by each course. If you are walking your dog on a cart path, please make sure your pet is on a leash, pick up after your dog, and dispose of the excrement at home. Leaving dog droppings in the golf course's trash cans presents challenges for the golfers using the course first thing in the morning. Thanks for your cooperation.

**Stay Safe,  
Peter Kristian, GM**

## Notice

Your interactions with members of the Security Department and the POA Staff may be recorded.

## "Harry G. Heron" Your Master Covenants Bird

*This month's focus - "Not Fido again? , fishing, trash cans, Mr. Gator, and of course, Harry's Harp of the month!"*

I am your erudite, professional Covenants Bird, giving you sagacious advice/information from a bird-eye view. Knowing your community is so important. My human friends often share their deep sense of pride and belonging to our wonderful community. That sense of belonging is what connects us to the many relationships we develop. I chose this community to nest because there is something indescribably lovely about being a part of a group of people who share something more substantial than geographical location...something they feel passionate about. HHP has many new humans who have not experienced the benefits and responsibilities of living in a deed-restricted community. Living in HHP has many benefits, which include all the amenities, security, programs, open spaces, and protection of your greatest investment, in most cases, your nest...I mean home. With all these benefits come some obligations, which comprise being familiar with and following the Covenants and Rules and Regulations and contributing to the upkeep of the community via your annual assessments.

### Fido

The POA continues to be persistent in imposing consequences for pet violations. In the past several months, my bird's eyes have noted a rise in dog incidents. This includes dogs not on a leash, some humans not in control of their dogs on a leash, and dogs that consistently bolt from their owner's home. The POA holds members responsible for the actions of their pets. The Rules and Regulations are intended to protect the health and safety of the public and your pet. The use of a leash benefits you, your neighborhood, fellow pedestrians, and your pet. To fix a problem at the lower end of the leash, you must look at who is holding the other end. Dogs are puckish, and the lessons they learn from their handlers solidify and influence their future behaviors. The POA does not recognize or accept using electronic leashes or voice control. Any pet that endangers the health of any owner or occupant of any lot or persistently creates a nuisance or disturbance shall subject the owner to sanctions, including, but not limited to, the imposition of fines. **Please do not walk Fido close to a lagoon edge!**

### Fishing

The following is my condensed epistle based on HHP's Rules and Regulation on Fishing: Persons desiring to fish in the POA's lagoons are urged to obtain a map designating which lagoons are HHPPOA-owned and which are privately owned by regimes within the community or by a golf course. Maps are available at the POA Service Center. The term "**fishing**" shall be understood to include the catching of shrimp, oysters, crabs, clams, mussels, and all commonly accepted forms of rod and reel fishing. POA-owned (freshwater) lagoons are for catch and release. A person authorized to fish in HHPPOA lagoons must be a Hilton Head Plantation Property Owner, an immediate family member, a tenant of nine (9) months or more, or their houseguests, and have in their possession a current HHP ID Card or Houseguest Card when fishing. Fishing is permitted from sunrise to sunset. When fishing, Residents 13 years of age and older must provide appropriate identification as a property owner or Houseguest of a Hilton Head Plantation property owner.

Access to POA lagoons must be through common property. Trespassing on private property is prohibited. A person fishing is responsible for determining the location of common property

that allows access to lagoons. This information is included on the latest HHPPOA map.

### Exterior Maintenance

The first impression people perceive of your nest, even before they take a step inside, is your yard. Proper lawn care creates an impact where it counts with a first impression. A beautiful lawn will set expectations for the rest of your nest, differentiate your nest from other nests of equal value, and could very likely add dollar value to your nest. It's an ongoing concern of a few and not an item that is regularly discussed. Some of my human friends leave bikes, toys, kayaks, trashcans, and trash bags out on their driveway or the side of the residence overnight. Those items must be stored in the service yard or garage when not being used. Service yards are for trash containers. Your trash service provider is required to retrieve the trash from your service yard. Please, NO trash containers or trash bags are to be dragged out to the curb left out on the driveway the night before or the morning of trash pick-up. There is no shortage of critters like me to pick apart your trash. I am sure you don't want to be issued a violation notice by Security. I do not mean to be picayune or bore you with flapdoodle, but trash cans left out on the driveways detract from our ethereal streetscape. Most of all, my human friends follow this courtesy, which is a "gift to the street" along with your landscaping and well-maintained nest.

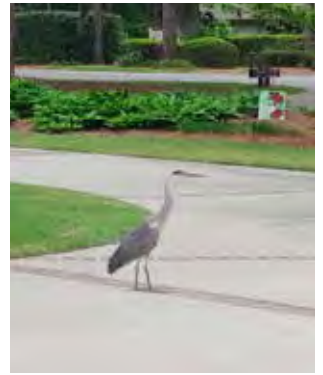
**BEWARE OF Mr. ALLIGATOR:** My reptile friends (I use the term "friend" loosely as I hold them responsible for losing some of my avian cousins!) are active this time of year. Please do not feed or harass the alligators. We live alongside nature (that's me, by the way); that means exercising caution. Do not let small pets approach or harass an alligator, do not pick up golf balls next to a lagoon, do not feed the alligators, and do not allow your children to play near water.-

### Harry's Harp

We've all done it at some point. You pull up to a stop sign, quickly check for cars, and roll right through when no one's around. There's nothing wrong with saving a few seconds, right? **Wrong.** Though we may see them as unnecessary when we're in a hurry, stop signs are put in place for a reason, and it's illegal not to stop completely at each one you come across. A stop sign means exactly what it says: "**STOP**," the wheels on the vehicle must come to a complete halt and remain at the intersection until it is your turn to proceed safely. The road is no place for uncertainty, but that's what a rolling stop denotes to other drivers, bicyclists, and pedestrians. If another individual is unsure whether they will roll through or completely stop at a stop sign, it can affect his or her actions and driving decisions in a destructive or unsafe way.

Harry's ever so Sagacious advice- **"The wise person, even when they hold their tongue, say more than the fool when they speak."**

-- Harry Giovanni Heron  
843-681-8800, ext. 242 wlee@hhppoa.org



## 2023 Spring Lake Pool Rules

Swimmers assume responsibility for their own safety and that of their families. Lifeguards will not be on duty during all hours that the pool is open. The pool is equipped with a self-locking gate, an emergency telephone, and a first aid kit at the Guard Office. Report problems to Security – 843-681-2459. Also, DHEC will inspect for fecal contamination and other violations. If DHEC finds any contamination, they will close the pool immediately. Please be courteous and if you have a child that is NOT pottytrained, he/she MUST wear a secure-fitting, waterproof swim diaper at all times. For questions, please contact the Director of Activities at 843-681-8800, ext. 226. Thank you for your cooperation.

### Spring Lake Pool Regulations

1. HHP Property Owners, their family members, guests, and tenants with leases of at least nine months may use SL Pool.
2. Spring Lake Pool users must present their validated HHP Photo ID Card to the pool staff when using the facility.
3. Property Owners, residents, and children 17 years and older, with validated HHP Photo ID Cards, may bring four (4) guests to the pool. Children 16 years old, with a validated HHP Photo ID Card, may enter the Spring Lake Pool; however, they are prohibited from bringing guests.
4. Guests, 17 years or older, with a validated House Guest Card may bring two (2) guests.
5. Spring Lake Pool users and their guests must adhere to a proper code of conduct and follow instructions from the lifeguards and pool attendants

### Appropriate conduct and rules include, but are not limited to, the following:

- Lifeguard approval of all floatation devices. (Floatation devices must be Coast Guard approved.)
  - Using earphones with audio equipment.
  - Placing trash in receptacles.
  - Smoking is not permitted within the Spring Lake Pool compound at any time. (This includes e-cigarettes.)
  - Wearing swimwear at all times.
  - Showering prior to entering the pool.
6. Children age 15 years or younger MUST be accompanied by a parent/guardian (17 or older).
  7. It is the parent's/guardian's responsibility to ensure that children not potty-trained must wear secure-fitting, waterproof swim diapers at all times. NOTE: Anyone found responsible for a fecal contamination at the Spring Lake Pool will be held accountable for the cost of treatment and be subject to additional sanctions. If the person responsible is not a property owner, the cost of treatment and other sanctions will be levied against the host Property Owner/resident.
  8. The following is prohibited in the Spring Lake Pool enclosure:
    - No solo swimming
    - No animals or pets of any kind
    - No glass containers
    - No spitting, blowing nose, or individuals with skin, eye, ear, or respiratory infections, diarrhea illness, or nausea
    - No diaper changing on deck
    - No bikes, skateboards, skates, or rollerblades
    - No diving
    - No one with communicable diseases
    - No one with open lesions or wounds
    - No running, boisterous, rough play
    - No alcohol or drugs and no one under the influence of alcohol or drugs
    - No rings, body floats, rafts, and other such devices
  9. In the zero-depth area of the pool, infants will be permitted to use a baby ring as space dictates but they

MUST be under direct supervision of a parent/guardian at all times.

10. Safety breaks will be called at the discretion of the lifeguards.
11. Pool noodles are permitted but they are to be used for floatation only.
12. Coolers are permitted but they are subject to inspection. All food/drinks must be kept at least ten (10) feet from the edge of the pool. Alcohol is NOT permitted.
13. No climbing is allowed on the island in the middle of the lazy river.
14. Children wearing Coast Guard approved floatation devices in the lazy river or the deep-end area of the pool MUST be accompanied by a parent/guardian at all times.
15. Spring Lake Pool may not be used for personal profit or commercial purposes.
16. Lounge chairs, cabanas, tables and other pool equipment may not be reserved. They may be used on a first come, first served basis. Property Owners and guests should not leave personal items unattended. The HHPPOA accepts NO responsibility for any item left unattended.
17. Lifeguards and pool attendants have the authority to expel violators. They may also create and enforce other safety rules, as necessary.



## Plantation Golfing

by Jerry Cutrer

### Country Club of Hilton Head

The Country Club Women's Nine Hole Association has regularly scheduled events on Tuesday afternoons. In July, the WNHA held a Step Aside Scramble.

The CCHH Men's Golf Association has 108 members and plays a scheduled event each Thursday afternoon.

Left: Country Club Nine Holer participants in the Step Aside Scramble.

Right: (L-R) Men's Golf Association players Mike Gilroy, Dave Walsh, MGA President Joe Perota, George Franklin & A. J. Ferrari



### HHP Softball Club

What a hot month August has turned out to be! Temperatures reaching triple digits and thunderstorms that flooded streets certainly made practices a challenge. Last month our club had a home and home series against a solid club from Skidaway Island, Georgia, which we had to cancel due to the heavy rain. Hoping for an improvement in the weather, we will reschedule both games in September. The team still finds ways to get practices in to stay sharp. The next scheduled practice is set for August 21st at the softball field across from the POA office. So, if you feel like pulling your bat, glove and spikes out of the garage, come on down to the field and shag some flies and take some swings at the plate. If you have any questions, feel free to contact me at the number below. Remember, Softball is Fun!



**Bob (Bonzo) Huisman, President,**  
HHP Softball Club 843-715-2516  
modybloo@hotmail.com

### SOLO DINING GROUP FOR MEN AND WOMEN IN HHP OVER 60

A social group for widowed and unattached single men and women over 60 years old who do not wish to dine alone but would like to socialize and dine at local restaurants once or twice a month.

For more information, contact Pat Lucas - email [patvhi@aol.com](mailto:patvhi@aol.com) or call 843-301-6600

### Kayak Club

Kayakers are ready and excited to get in the cooler waters of Fall.



The Kayak Club has been busy planning and has added a few trips to the schedule. The Kayak Club would like to welcome Ellen Kilberg as the new co-president. Ellen and Steve have been very active with the Kayak club and planned some of our favorite trips with the Island Rec Rowing Center and the ever-popular low country boil lunch.

We are planning Kayak trips for Skull Creek, Broad Creek, the Beaufort River, and Ebenezer Creek in Georgia this Fall Season. Dates are still pending, so stay tuned and check your email for updates.

If you want to learn more about kayaking in the low country, join us at our September meeting at the Plantation house on the last Tuesday of the Month at 7:00 pm. For all the latest information on our current plans and meeting information, please check out our website at [Kayakclubhhp.weebly.com](http://Kayakclubhhp.weebly.com). If you are not a member of our club or if you have any questions about our activities. Please contact Janis Agnew or Ellen Kilberg at [kayakclubofhhp@gmail.com](mailto:kayakclubofhhp@gmail.com)

### Upcoming events

September 26th Monthly Meeting at the Plantation House at 7:00 pm. Please bring ideas to share for Kayak trips.

# Fishing Club

Welcome to the new Fishing Club Year! Our first meeting will occur in just a few weeks, on Wednesday the 27th. Information regarding our

speaker and the dinner theme will be announced via e-mail. The Club is working on plans for an Open-To-All-Residents Fresh Water Fishing Tournament this autumn. Details will be available on the clubs website.

Thanks to that small group of Club members who helped make this year's Kids Kamp fishing experience great for a total of 861 children.

One of the topics covered during that session covered the planned maintenance work at Pine Island. Permits have been applied for to allow moving sand from the creek inlet to other areas that have been victims of storm-caused erosion. There is a daily flow of water through that creek into and out of Bear Lake, Spring Lake, and Wild Turkey Run. Aerial photographs of that inlet taken over the past several years show that mother nature has made and continues to make changes to that area.

Back in the late 20th and early 21st centuries, the inlet area was a great place to fish. It produced red drum during the out-going tides but required wading to reach the far shore. A wading upstream was found to be a spot for sea trout, and the weed line at the outlet at Ribaut Island was a home for flounder. Wearing waders was necessary because the bottom was loaded with stingrays. (I can still remember one club member warning everyone at one of our meetings to be careful of fishing there because of the long-tailed flounder).

Then came a hurricane and the need to repair damage to the spit. Sand was moved from the inlet area to repair other areas and the fishing was never the same. Was it the characteristics of the bottom, different water flow, deeper channels? The planned work in this area is an attempt to return the inlet to what it looked like back in those days. Will the fish return? We shall see.

New members are welcome to attend our meetings. Check us out at [HHPfishingclub.com](http://HHPfishingclub.com).

- Earle Nirmaier

# The Tee Timers

The Tee Timers enjoy several of the courses on Hilton Head Plantation, Bear Creek, Dolphin

Head, and Oyster Reef. We play each Wednesday afternoon. Members play either 9 or 18 holes and can choose to walk or ride. Our members, who play at all experience levels, enjoy the golf and the opportunity to meet and play with others in our community. Our new season began September 1, 2023, so if you are a golfer and are interested in joining a fun women's golf group, please contact us at [theteetimers@gmail.com](mailto:theteetimers@gmail.com).

## HHP Yacht Club

Meet Jim Williams and hear why he joined the Hilton Head Plantation Yacht Club.



*"Carol and I joined the HHP Yacht Club for several reasons. One was to meet new people. Second, to socialize with friends who already belonged to the Club. Third, and perhaps our number one reason, was to make friends with someone who owned a boat. What I didn't expect was an invitation to become Secretary of the Yacht Club. By becoming part of the Board of Directors, I not only accomplished all three goals, but I am helping out. My hope is that more people from the Plantation will join the Yacht Club and, not only enjoy the many social and boating events, but will also become active in the operation. I believe that you can never have too many good friends."*

### Upcoming Events

**September 21st:** General meeting with Dinner at the Plantation House for Members and their guests. Speaker Pippi Iktor, USCG Master Captain and Outside Hilton Head Marketing Coordinator, will speak about her "Adventures on the Water" and her process to become a USCG Master Captain.

**September 26th:** Boat Trip to Port Royal Join us for the day, boating (or driving), to Port Royal Safe Harbor Marina Dock. We plan to have lunch at Marker 244. Carl Bryant will be the day/event captain.

**October 19th:** General Meeting with Dinner at the Plantation House for Members and their Guests. Details to follow.

**October 21-22:** 34th Annual Georgetown Wooden Boat Show, which features one of the Southeast's best wooden boat exhibits with more than 100 classic wooden boats displayed on land and water.

Consider joining HHPYC and take an adventure with us! Explore our website at [HHPYC.org](http://HHPYC.org). All residents of HHP may join the Club. Social memberships are available for non-boat owners. Contact [Membership@hhpyc.org](mailto:Membership@hhpyc.org) for more information.

## Hilton Head Plantation Corvette Club



The 2023 Concours d'Elegance & Motoring Festival on HHI is a spectacular annual event held in November on the fairways of Port Royal CC. They have chosen six cars from our club to be in the Saturday Car Club Showcase. There will be hundreds of cars there and only two Corvette clubs.

We should return in the passing lane in September after a short summer hiatus. If you own a Corvette and are looking for a club that has dues, meetings, bylaws or officers, this may not be the club for you! To get on the email list contact Dale Pena at [dpena1@yahoo.com](mailto:dpena1@yahoo.com) or call 585-704-2386.



### Garage Band

The 'Garage Band' is a place for musicians (beginner to experienced) who want to play 'classics' that are rock, country, blues (and even pop). We have a good time playing music that people like to hear. Everyone is encouraged to help the band get a set of songs together. SO everyone come 'rock out' with us. The Garage Band wants YOU to come and listen, play, and/or sing!! Don't be embarrassed – it's like singing in the shower, only with clothes on. WE REALLY NEED MORE HORNS. We meet almost every Wednesday at the Plantation House from 7:00 pm until 10:00 pm – check the monthly activities calendar. For more information, you may contact Ric Blaine at 706-373-8204 (rcb3771@gmail.com). We'll play loud enough so you can hear us – maybe even in the parking lot! Please come on down and rock out. EVERYONE COME AND LISTEN!! COME INSIDE OR SIT ON THE DECK. BRING YOUR OWN BEVERAGE.



We now have an acoustic spinoff group that meets on various days at the Plantation House for those who enjoy playing soft rock, blues, folk, country, bluegrass, and standards. Anyone who plays an acoustic instrument is welcome, so bring your guitar, mandolin, flute, maracas, spoons, washboard, fiddle, or anything else you feel like playing, as well as your voice and your song ideas. Contact Carol at carolkajano@gmail.com for more information and to gain access to our current acoustic song list and schedule.

### Tuesday Ladies Bridge

Openings are available in the Tuesday Ladies Bridge Group. Our group meets every Tuesday from 12:30 to 2:30 PM at the Plantation House to play intermediate bridge. If you are interested in joining us or would like more information, please contact

**Gerry Jagen at [gjagen@msn.com](mailto:gjagen@msn.com) or  
Barbara Mainenti at  
[mainentihhi@gmail.com](mailto:mainentihhi@gmail.com)**

### Wednesday Ladies Bridge

The Wednesday Ladies Bridge Group meets every Wednesday from 1:30 - 4:00 PM at the Plantation House.

**843-341-9383**

**Lois Womelsdorf**

### Train Club

This club is for anyone who has an interest in trains. Some of our members have extensive layouts, some have only a holiday display, and some have no trains, just like railroading in general. Members are modelers, history buffs, railfans, etc. Model train members have O, HO, and G gauges, to name a few. The club has a permanent layout in the Plantation House, both O-gauge and HO-gauge.



We provide running trains for some of the plantation functions, for example, July 4th, the Holiday Hayride, and the Children's Holiday Party. We provide assistance to anyone who needs help or just wants information about the hobby. Our club members or guests do presentations on various train topics. Occasionally, we may visit another train club in the area, attend area train shows, or visit a train museum or a member's home.

Regular meetings are normally held at the Plantation House, at 2:00 PM, on the second Wednesday of the month from October to June. Guests and new members are always welcome. Please consider attending. For additional information, contact Bob Gluszik at [rgluszik@yahoo.com](mailto:rgluszik@yahoo.com).



**SAVE THE DATE! -  
HHP Crafters' Holiday Sale  
When: Saturday, November 11, from  
9 AM to 2 PM**

**Where: Christ Lutheran Church at 829 William Hilton Parkway  
All proceeds benefit Hospice Care of the Lowcountry**

The HHP Crafters are getting ready for their 2023 Holiday Sale.

The Craft sale is a wonderful opportunity to purchase hand-made items such as quilts, jewelry, toys, candles, and cards. There will be a large assortment of items for holiday gifts and lots of holiday décor for sale.



The theme for the raffle this year is "Coastal Entertaining," and we will have our always delicious bake sale. Speaking of food - our charcuterie, cheese, and cutting boards are great gift ideas!



Here are the comments we received from our last sale:

*"I just wanted to let you know how great the craft and bake fair was. There were such high quality items and for reasonable prices—something for everyone!"*  
*"Loved it!"*  
*"Place looked terrific and had wonderful items!"*

Be sure to mark your calendars and see what we have this year! If you would like to join Crafters, get email updates on sales or have donations of craft materials, please contact either Margot Gilbert at 843-342-9996 or Deanna Collins at 843-689-3979.

**Laurie Arnold  
[arnold3909@yahoo.com](mailto:arnold3909@yahoo.com)**

# Java Thursdays HHP Men's Group



Looking for an opportunity to get together with some of the men from HHP for some good old fashioned male conversation and a cup of

coffee? Well, join us every Thursday morning at Spring Lake Pavilion from **8:00-9:00 AM**. We'll have the coffee, a bite to eat and lots of things to talk about!

If you have any questions or would like to get on our mailing list, please contact Ray Makalous at [rmakalous@gmail.com](mailto:rmakalous@gmail.com) or John Prange at [j2prange@gmail.com](mailto:j2prange@gmail.com).



Look forward to seeing you there!

## HHP Board Game Club

Come join the fun and play fun and exciting board games! We meet the first Thursday of every month at 7:00 pm Downstairs in the Spring Lake Pavilion. Bring any games that you like (if you want). If you bring a game, it's better if you already know how to play! The group decides what games to play and everyone is included. Bring a friend!



For more info and/or to be added to the mailing list: Contact Bill Leahy 404-232-5011 or [bleahy48@gmail.com](mailto:bleahy48@gmail.com)

## Motorcycle Riders!

The HHP Motorcycle Club meets monthly at the Plantation House. Riders and those interested in riding are welcome to attend to explore this new club. While we are not allowed to ride inside HHP, this club is for those that want to meet, get to know each other, and plan rides in the Lowcountry and beyond. You can also reach out to Dave Pirkey at [98flstc@comcast.net](mailto:98flstc@comcast.net) or 843-415-5344 for more information.

Interested in an HHP Motorcycle Club?



## HHP Dog Club

The next big event for the HHP Dog Club is a presentation by Alison Armao, owner of Leader of the Pack, a training facility. Event details:



Date: **September 16th**

Time: **10:00 AM**

Place: **Plantation House Back Porch**

What to bring: a lawn chair, a bottle of water, and YOUR POOCH

The HHP Dog Club will provide bowls of water for the dogs

Alison will put her pooch through its obedience paces and answer your questions about how to address behavioral issues.

More about Alison and her Leader of the Pack HHI Company and the upcoming event of the HHP Dog Club: Alison has lived on Hilton Head Island for over 35 years and has been training dogs for almost 20 years. She works for the Hilton Head Humane Association, Beaufort County, and private individuals. Her classes are taught at Southpaw Pet Resort: 10 Fish Haul Road on Hilton Head.

Alison would like members of the HHP Dog Club to come to the September event and to bring all of your dog behavior questions. She will answer questions and speak about correcting behavior in dogs.

**Alison Armao**

**843-290-0345**

**[www.leaderofthepackhhi.com](http://www.leaderofthepackhhi.com)**

Hope to see you all on September 16th with your pooch.

Submitted by,

**The Hilton Head Plantation Dog Club**

For further information about the HHP Dog Club and to learn about our fun activities.

Contact: **Betty Souders**

**[btsouders3455@gmail.com](mailto:btsouders3455@gmail.com)**

**804-212-6956**

## WILDLIFE SAFETY REMINDER

Please be mindful of our alligator and wildlife population on Hilton Head Plantation. HHP is home to alligators, six venomous snakes, coyotes, spiders, etc. Most alligators have a healthy fear of humans. If you suspect and can identify an alligator demonstrating aggression towards humans, please report it to Security so they can investigate and determine if the alligator is indeed aggressive.



**DO NOT HARASS OR FEED ALLIGATORS.**

*Please exercise caution and common sense.*



Are you on Instagram?



Follow us at

**@hiltonheadplantation**



**Upcoming Speaker**



October 10 - **Shannon Royster** is an award-winning news anchor/reporter and has earned several community service awards. Shannon will share her story of “resilience, believing, and bouncing back” with an emphasis on women helping women. Please join us at the Plantation House from 2:00-4:00 PM.

**Upcoming events**

**September 20** Out to Lunch Bunch at the Sea Grass Grille

**September 26** New Member Welcome Event(by invitation) Spring Lake Pavilion 5:00 - 7:00 PM

**September 27** Road Show Adventures Luncheon Cruise on the Salty Dog.

**Our Women’s Club has over 500 members. Website registration has become necessary for all our events due to the size of our organization and the capacity of the available venues.**

**New adventures await: make friends, be active, learn new things, support your community, and BELONG!**



**President’s Message:**

The HHP Women’s Club is off to a great start! Thanks to all who attended the Ice Cream Social and signed-up for activity groups. Thanks to Susan Maynard, the hospitality directors, Polly Kyle and the activity leaders for organizing the event. Some of our groups got lots of attention: The new “Happy To Help” Club signed up 55 members! Our cooking club “Mangia Con Noi” (Eat With Us) has grown from one group to six groups! S-lowcountry Hikers is kicking off with 60 members. They will explore state parks with hikes that range from 2 to 10 miles. Road Show Adventures will feature trips to Charleston and Columbia. Green Thumbers programs range from a sweetgrass basket-making demonstration to ways to attract birds to your yard.

If you missed the Ice Cream Social, you can still join activity groups. Please go to our website [hhpwc.org](http://hhpwc.org) and send an email to the activity leaders of the groups you want to join. Members, look for emails with step-by-step website instructions. See you soon!

*Patrice L. Lombardo, President*

**The activity groups:** Beach and Bluff Walkers|Biking Buddies|Bible Studies|Book Clubs|Flick Chicks|Green Thumbers|Happy Hour Gals|Out to Lunch Bunch| Road Show Adventures|Knit Wits|Card Sharks| |Euchre|Party Bridge| Beginner Bridge Lessons| Mangia Con Noi| Sip at the Pit |Afternoon Beach Walkers | Plant Forward Eating | Happy to help | S-lowcountry Hikers

**Follow us on Facebook**

**Visit our website: [www.HHPWC.org](http://www.HHPWC.org) and join today!**



The warm weather is finally cooling off a bit, and with it, we find our snowbirds gradually returning to start another year filled with creative inspiration of the Lowcountry.



Our HHP Artists Association is a home for the visual arts and is comprised of painters, photographers, sculptors, jewelry designers, glass artisans, and basket designers. You can enjoy some of our creations by visiting the Plantation House and POA buildings year-round. We also hold two Art Market shows, one in November and one in May.



Mark your calendars now for November 11, where you can meet the artists and purchase original artwork for your home or holiday gifts. And as a special treat - from 9/18 to 10/13 you can also enjoy viewing our work hanging in the Hilton Head Library.

Our painter's group will be starting up again in October, hopefully at the newly designed Dolphin Head recreational facility. We meet on Wednesday mornings 9:30 am - 1:00 pm. You are welcome to drop in anytime to observe or join in. Do your own thing, surrounded by friendly, encouraging fellow artists.

If you are interested in learning more about us, or to join our group, please email us at [hpartistnews@gmail.com](mailto:hpartistnews@gmail.com) to receive our quarterly email newsletter, which contains a wealth of information about art activities and opportunities all around Hilton Head Island.

--Mary Elizabeth Sullivan  
HHP Artists Association

Top Right: "Great Blue" by Kelly Richard  
Bottom Right: "Dockside" by Barry Cohick

### Porsche Club of HHP

Hello Porsche Car Fans,



The Porsche Club of Hilton Head Plantation will have a member get-together on September 23, 2023, at the Paris Baguette Café and Bakery at 12:30 pm. We will park our cars in the former Sam's Club parking lot. Paris Baguette has a menu that includes sandwiches and bakery items. Coffee and many other drinks will be available. Looking forward to seeing many of our members in attendance. If you own a Porsche vehicle and would like to join our club, please email me at [porscheclubhhp@gmail.com](mailto:porscheclubhhp@gmail.com).

Safe Travels,  
George Haley

### Karaoke Club

We have had "great success, all types of singing and dancing, and a lot of fun" in our first three HHP Karaoke Club meetings! We are continuing to "build the momentum" of this new club so that we will continue to grow. Our next karaoke club night is all set for Thursday, June 15th, 2023, at the Spring Lake Pavilion from 6:30 - 9:00 p.m. We will meet each third Thursday of the month throughout 2023. Here are the future HHP Karaoke Club dates: June 15th, July 20th, August 17th, September 22nd, October 19th, November 16th, and December 21st.



No reservations are needed. BYOB and/or own refreshments! 8' X 8' projection screen, multi-speaker overhead sound system, and any YouTube song that you want with lyrics! Great fun! For more information, contact Jim Peresta – email: [jamesmichaelperesta@gmail.com](mailto:jamesmichaelperesta@gmail.com)- or call Jim at 443-558-6126. Remember, you can bring whatever you like to drink and whatever you like to snack on or eat. Tables will be provided. The kitchen there will have ice! Be thinking of your favorite karaoke songs and send the names of the songs that you would like to sing or would like to hear. Please invite any and all of your HHP friends as "the more the merrier".

### Women's Java: Coffee, Conversations with Common Grounds



Just like the men, HHP women now have their own coffee time. Here's a way of getting together with HHP women for a casual morning of conversation and a cup of coffee or tea. We will meet every Tuesday morning at Spring Lake Pavilion from 8:00 AM to 9:00 AM for coffee or tea and a snack to share with inspiring talk. If you have any questions or would like to get on the mailing list, please contact Beverly Silber Rogers at [bevsilber@bellsouth.net](mailto:bevsilber@bellsouth.net)

Women's Java is off to a great start with wonderful women. Join us for a great way to bond and get to know each other!

### BACKGAMMON CLUB

Interested in the ancient exciting game of backgammon? Are you experienced? Never played? Want to learn or do you want to play in friendly tournaments with other players? Well, there's a club for all that right here on Hilton Head Plantation. THE BACKGAMMON CLUB meets the first and third Monday of each month at 6:30 pm at Spring Lake Pavillion. No dues, officers or meetings. Just backgammon. We do ask that you sign up so we can keep you up to speed on any announcements that might need to be made. Bring your board if you have one but don't worry if you don't. We have extras. Contact Layne Carver at 651-247-7434 or [laynercarver@hotmail.com](mailto:laynercarver@hotmail.com). Hope to see you there!

### Party for One Club

Party for One, HHP's single ladies' club, has a full schedule of events planned for the remainder of the year!

#### Save the dates for our upcoming gatherings:

Thursday, September 21, 7:30-9 p.m. – Salty Dog Happy Hour  
Sunset Cruise  
Thursday, October 19, 5-7 p.m. – Islanders Beach Park  
November – Coming Soon!  
Wednesday, December 13, 5 p.m.-7 p.m. – At a Group Member's Home

Advance registration is required. For additional information or to register, contact Lesley Kyle: 914-671-9524 (m)/lesley.kyle@gmail.com.

Above: Party for One Club Members attended a recent Pink (Magazine) Partini event.



### Craft Beer Club

Pavilion as we returned to our roots. It was all about why the club was founded---sharing Craft beers!

Plans are being finalized for one of our annual signature events—**ZEE 3RD WURST OKTOBERFEST** meeting with a large variety of fresh handmade, prepared on sight "Wurst/Brats"! (See pic from last year) Oktoberfest attire (**Lederhosen & Dirndl**) is not required...but encouraged! If you are new or just joining the HHPCCB this is a can't miss event!

For advance notice of our monthly events join now so you don't miss the unique **BEERventures** planned throughout the year: Members receive advance notice early in the month for the planned event that month so don't just wait for the mid-month HHP Newsletter... or you'll be sorry...and thirsty!!



The club typically meets on the fourth Monday of each month at the Spring Lake Pavilion at 6:30 pm unless there is an offsite event. Members are encouraged to bring craft beer from the area, their travels or which friends from out of state bring to them, to discuss and share with the group. Dues are \$10/year per person and you may join at any time of the year. Our sharing provides craft beer aficionados the opportunity to try other styles and flavors of beer to expand their beer palates.

Please contact Steve Yingling via Email at SteveHHI@kw.com with questions or to indicate your interest in becoming a member or to send contact info for those that wish to be members or guests.

-- Steve Yingling

### Euchre Club

The Euchre Club meets on the third Friday of each month. They will play at the Spring Lake Pavilion at 6:15 PM.

For more information, please contact Chuck Stewart at chuck.stewart@e3partners.org or 330-283-2827. No reservations necessary if you know how to play!

The club also offers FREE one-hour lessons by appointment only.

### Newcomers Club

Next week the Newcomers Club will officially kick off our 2023/24 season with a festive Island Luau Party! The fun starts Tuesday, September 19 at 6:00 PM at the Plantation House! We'll have a tasty spread catered by Jimmy Fitts (drinks will not be provided so please BYOB – alcoholic and nonalcoholic). Island/tropical attire is optional but strongly encouraged! You should have received your email invitation the first of the month to sign up. As always, advance registration with payment is necessary for planning purposes and we are unable to accept walk-ins.



We have an Oktoberfest celebration planned for Tuesday, October 17, at 6:00 PM at the Plantation House, with a catered dinner of German specialties. You'll receive more information in the October 1 email along with the opportunity to sign up.

The Newcomers Club is a fun social group that offers all residents a great way to meet neighbors and make friends in a welcoming environment. All residents are welcome, whether you are brand new to HHP or have called HHP home for years! Our season runs from September through May with one catered event a month. Members receive an email the first of the month with details on the upcoming event and a link to register and submit payment to cover the cost of the meal. Be sure to check out our website at www.HHPNC.com to become a member and pay annual dues of \$20.00 per person.

Looking forward to a wonderful season of fun and friendship!

-- Lisa Miner  
Publicity Chair



### Friendly Foodies/Sips & Bites Cooking Club

Do you delight in cooking, trying new recipes, entertaining in a more formal style, and regularly sharing wonderfully prepared food with three other couples? Then the Friendly Foodies Gourmet

Cooking Club may be just the group you are looking for. We offer formal, full course, home-cooked dinners for dinner parties of 8 during the first half of the month and more casual and relaxed gatherings of four couples, sharing delicious Appetizers/Hors d'oeuvres paired with wine during the second half of the month. You can choose to participate in either or both types of events monthly. (The club does not meet during July, August, and December). At the present time we have a full membership but are compiling a waitlist of people interested in joining. Please contact Marianne Blaine [marianne@marianneblaine.com](mailto:marianne@marianneblaine.com) if you are interested.

### Men's Cooking Club

**Men's 2nd Wednesday Cooking Club** We have had several meetings this year with member chef's providing memorable lunches. We are a "laid back" group of guys who enjoy refining our culinary skills, enjoying others expertise and appreciating the camaraderie. Our meetings feature a "Chef of the Month" who prepares a lunch for the group guided by whatever you enjoy preparing. We do everything from tailgate menus, Italian, German, Irish, Mexican and so on. We have everyone from men who have been cooking for a long time to novices. We currently have ten members and are actively seeking two more. Please join us as our guest for our next lunch and decide for yourself if our group is for you. Please call Rick Dean at 770-354-3340 or [rjdean@roadrunner.com](mailto:rjdean@roadrunner.com) with your interest.

### Men's 4th Tuesday Cooking Club

Our Cooking Club consists of men who enjoy cooking new and interesting full course meals for lunch once a month. The meal is prepared at the Spring Lake Pavilion or frequently at the member's home. We enjoy each other's company and the opportunity to improve our skills. **For further information please contact: Steve Strom 843-342-2838.**

### Ladies Bridge Group

We meet at the Plantation House every Friday at 1:30 PM. We currently have a full roster; however, if you are interested please let me know and I will get in touch with you if we have an opening or need someone to sub. Please email me at [lakwb@hargray.com](mailto:lakwb@hargray.com). Level of play is Intermediate.

--Lois Womelsdorf

*Advertisements in the Plantation Living newsletter should not be viewed as an endorsement from the Hilton Head Plantation Property Owners' Association, Inc. The Association claims no liability for the content of any ads. Ads are accepted on a -space-available basis.*

## Farmers Club



Hopefully, the temperatures have begun to cool by now! What a hot summer! Fall is such an enjoyable time to garden in the low country because there are many crops to

incorporate into your fall garden. Broccoli, cauliflower, cabbage, beets, kale, collards, snow peas, and colorful chard are just a few of your options. Once started, most of these vegetables require minimal attention- just keep them watered and weeds under control with mulch, landscape cloth, or occasional hoeing.

Wait til the soil cools- usually in early October to plant lettuce, radish, and spinach seeds (spinach benefits from extra nitrogen). They will not germinate if the soil temperature is above 85 degrees. Consider experimenting with something new, maybe baby bok choy or brussel sprouts. Check out [www.hhpfarmers.com](http://www.hhpfarmers.com) for planting charts. The Clemson Extension Service also has a wonderful assortment of bulletins on specific crops.

Consider planting an extra row of your favorite vegetables to share with the St. Stephens Food Bank in Ridgeland. The fresh produce from the common garden and farmers' donations is really appreciated.

Now is a good time to sow seeds of colorful annuals such as bachelor buttons, sweet peas (most varieties need support to cling to) , hollyhocks, larkspur, and other spring bloomers. I have enjoyed planting tall snapdragons (available locally in October at garden centers), which provided great-cut flowers through the winter and well into the spring. Try ranunculus- they have provided me with bright, colorful blooms in the early to mid-spring- and are great cut flowers and are very easy to grow!

**Since our citrus trees are new, the Farm Club humbly requests Homeowners in the Plantation who have productive citrus trees kindly donate some of their harvest for our Winter Market in November and December. Please contact Joan at [president@hhpfarmers.com](mailto:president@hhpfarmers.com).**

Submitted by: Nancy Renner,  
[nnrenner@outlook.com](mailto:nnrenner@outlook.com)  
505-269-6498

### Woodcarvers

Are you looking for a hobby that allows you to create beautiful keepsakes or practical items without spending hundreds of dollars just on getting started? Wood carving checks all of those boxes. It is a type of woodworking in which people use knives, chisels, and other hand-held wood carving tools to create figures or designs in pieces of wood. A wood carver's most basic tools are carving knives, such as whittling knives, chip carving knives, and hook knives. Whittling knives are all-purpose tools, while chip carving knives feature a thin, short blade that allows carvers to chip away small bits of wood. A hook knife, or spoon knife, has a bent blade shaped like a hook and is ideal for carving spoons and other pieces with hollowed-out areas. Most woodcarvers start by whittling. They find a small piece of softwood and use a pocket knife to create a toy or a trinket. Whittling is the most basic type of wood carving since the only essential tools are a wood carving knife and a honing strop. Chip carving starts with a flat piece of wood. Carvers "chip away" bits of wood to form a design on the wood's surface. Chip carvers use gouges as well as carving knives. Most woodcarvers do not build or repair furniture. They work on a much smaller scale. Come and visit with us at the Plantation House on Thursdays from 12:30 to 2:30. See if you might be "cut out" to be a woodcarver. Your grandkids will benefit from your newfound skill.

**Contact Jan Gantzhorn 302-528-3475**

**HHP Pickleball Club**

**H2P2 In Action:**

- Spring Lake has added two PB courts on one tennis court. Currently, play is limited to Saturdays and Sundays at select times however, the schedule is changing based on demand. To stay up-to-date check the Spring Lake website and become a member to receive our emails.
- To open these new courts, the Tennis Club and H2P2 hosted a Pot Luck on July 29. Over 80 people attended and participated in Pickleball Demos.
- September 8 was a great day for Tennis and Pickleball players, all were featured at the Spring Lake Social Event. H2P2 is also being added to monthly Friday night play & social events.

**Today's Lesson:**

- Speaking of courts, a PB court is about 1/3 the size of a tennis court. Four PB courts will fit in the space of one tennis court.
- The 'kitchen' is Pickleball's most infamous element. On both sides of the court, seven feet from the net, the kitchen keeps stronger players from dominating. "The kitchen" is a nickname for this non-volley zone. No player is allowed inside the kitchen unless the ball has bounced.

**Did you know?**

**During the last HHP community survey, Pickleball courts were the #1 ranked item requested by residents (40%)!**

**PB is booming on the island, Indigo Run, Port Royal, Sea Pines, Palmetto Dunes, Windmill Harbor, RV Park, and many other HHI communities now have dedicated Pickleball courts.**

**Get Involved:**

- H2P2 membership is 293 and counting. Email [mjmarks54@gmail.com](mailto:mjmarks54@gmail.com) to join.
- **Things are changing rapidly with H2P2, please join the club to stay up-to-date via our regular emails.**
- To play at Spring Lake, reservations can be made by calling 843-681-3626 or online at [App.Courtreserve.com/Portal/SLRC](https://www.app.courtreserve.com/Portal/SLRC)
- Thanks to Trevor, the Tennis club, the HHP Board and all our members for your support of H2P2!

Picture of July 29th H2P2 Social opening new PB courts.



**Men's Cards**

Per the schedule listed on the POA Monthly Activities Calendar (insert can be found inside *Plantation Living*), Men's Card Groups play at the Spring Lake Pavilion at 6:00 PM on the following days:

- Every Tuesday**
- Every Wednesday**
- Second & Fourth Thursdays**

We encourage you to stop by and watch the games played to determine if you are interested in joining one of the groups.

**The Happy Times Party**

**Happy Times is meeting at the Spring Lake Pavillion, due to the construction at Dolphin Head.** It is still the fourth Sunday of every month. Again no reservation, no RSVP, no agenda, no dues. Just a good time. Bring your own beverage and a contribution to the food table. Ice will be provided.

Date: **Fourth Sunday of every month (except December)**

Time: **5:00 - 7:00 PM**

Place: **Spring Lake Pavillion**

For more information call Schatzi Khalifa at 315-382-1727 or email [Ezz Khalifa at hekhhalifa@gmail.com](mailto:Ezz.Khalifa@gmail.com).

**NEW CLUB - HHP European Travel and Culture (ETC) Club**

*Do you love one or more countries in Europe? If so, please join our new club - European Travel and Culture (ETC).* After discussion with several HHP residents and neighbors, it became apparent that many of us have loved trips to Europe as well as the variety cultures which many HHP residents are from or may descend from. The initial idea for this new club is to have its members share where they have been, their love for certain European cultures, and perhaps have people like myself and my wife who have been fortunate enough to have lived abroad and traveled in Europe, share recommendations as well as interesting stories, etc. Members who have upcoming travel plans to Europe or may just have an interest in countries, people, traditions, food, etc, are welcome to join as well. If members are interested, this could evolve to having meetings and events related to particular countries like Italy, Greece, France, Spain, UK, Ireland, etc. We expect to have our first meeting in September (date TBD) and are currently seeking to know who is interested in joining our fun and exciting club. Please send me an e-mail if you would like to join. - **Brian Bules**

**brian.s.bules@gmail.com**

**SPECIAL COMMUNITY MEETING**  
with School Board Superintendent  
**Dr. Frank Rodriguez**

**October 11**  
**10:00 AM**

**Plantation House**

Dr. Rodriguez will explain the School Board Referendum on the Ballot in November. This referendum will fund renovations in part for the Hilton Head High School Campus as well as other County school improvements.

**TAG-The Avid Gardeners**

Summer is winding down, but "The Avid Gardeners" are just starting a new year of great programs from September through June. Our meetings are on the third Friday of every month at Spring Lake Pavilion. Our first meeting this year will be at 9:30 am September 15, 2023. David Arnal, Head of the SC Beekeepers Association, will tell us what makes a bee tick, the hazards, and the rewards. If you ever thought about having your own beehive, this is the man to talk to!



On October 20, we will have a field trip to Palmetto Oaks Sculpture Garden, a one-acre nature path in a Lowcountry woodland garden.

Hilton Head Plantation residents are always welcome to our monthly meetings. Those interested in membership should contact Christine Thumm, VP in charge of membership. Christine Thumm @ thumms@aol.com or (843) 415-6809

**DON'T MISS OUR AMARYLLIS SALE**  
**Large High Quality Bulbs Delivered in Time for the Holidays**

**ORDER FORMS** are Available on our Website: [www.theavidgardeners.org](http://www.theavidgardeners.org) and at the Plantation House : Don't delay all orders need to be in by October 16.

**New Club - Corn Hole Club**

Do you like to play Corn Hole? Are you interested in joining a Corn Hole Club in HHP?

If anyone out there might be interested in playing some Corn Hole, (singles or doubles), you can get in touch with Bill Moore, [hhis Moore@roadrunner.com](mailto:hhis Moore@roadrunner.com) or call 843-422-8281.



The Activities Department is planning on doing the annual Veteran's Day Ceremony this year. We are still working on the details for this event and information will be available soon.



**"Estate Planning" Seminar**

The Activities Department will be teaming up with Wills, Trusts, Asset Protection and Elder Law Attorney Mark F. Winn on Thursday, November 9, at 10:00 AM at the Plantation House to offer a FREE seminar on "Estate Planning." Mark will discuss different ways to avoid Probate Court during life and at a death. He will also share the best ways to ensure loved ones can handle accounts if you're disabled which doesn't involve putting them on your account. Mark will also cover issues related to retirement accounts and how to guarantee assets will go where you want, especially in circumstances involving a second marriage/blended family situations. Learn how to leave assets to loved ones where it will be protected from division in divorce and protected from most other lawsuits, so it stays in your family (not to the in-laws). Lastly, learn how to avoid taxes and other problems that may arise.

Date: **Thursday, November 9**  
 Time: **10:00 AM**  
 Place: **Plantation House**  
 Cost: **FREE!**  
 Presenter: **Mark F. Winn**  
**Master of Laws (LL.M.)**  
**in Estate Planning**  
 RSVP: **Jen at 843-681-8090 OR**  
**By email:**  
**[scheduling@hhppoa.org](mailto:scheduling@hhppoa.org)**

The seminar will conclude with a Q & A period at the end. Light refreshments will be provided. To register, please call Jen at the Scheduling Office at 843-681-8090 or email: [scheduling@hhppoa.org](mailto:scheduling@hhppoa.org). Seats are limited so sign up today!

**"Parkinson's Disease and Rehabilitation" Seminar with**



Please join the Activities Department and the Encompass Health Rehabilitation Hospital of Bluffton on Wednesday, October 18, at 10:00 AM to learn more about rehabilitation for those living with Parkinson's Disease and how the right rehabilitation program can make all the difference in how quickly one returns home or to their community after an illness or injury. It's vital to understand the advantages of choosing an acute rehabilitation hospital versus other post-acute facilities because the quality, expertise, and level of comprehensive care can vary significantly.

Date: **Wednesday, October 18**  
 Time: **10:00 AM**  
 Place: **Plantation House**  
 Cost: **FREE!**  
 Presenter: **The Encompass Health**  
**Rehabilitation Hospital of Bluffton**

If interested in attending, please call Jen at the Scheduling Office – 843-681-8090 or email: [Scheduling@hhppoa.org](mailto:Scheduling@hhppoa.org) to reserve your spot today. Light refreshments will be served.





**USTA League Update**

USTA is running a fall league throughout October to November. If you are planning on captaining a team or looking to join a team, please contact Trevor at the Pro Shop.

**Spring Lake Pickleball**

Spring Lake Pickleball has been a complete hit. We have increased our play options to now include Sunday mornings. Round Robins are \$9 per event and free for all Spring Lake Tennis Members. Register online at [App.Courtreserve.com/portal/SLRC](https://app.courtreserve.com/portal/SLRC) or in person at the Spring Lake Pro Shop.



	Saturdays	Sundays
Beginner/Advanced Beginner	4:30 - 6:00 PM	9:00 - 10:30 AM
Intermediate/Advanced	6:00 - 7:30 PM	10:30 AM - 12:00 PM

**Fall Junior/Adult Clinics**

Our Fall junior and adult tennis programming is now underway. If you would like to register for any of our clinics a complete list is available on court reserve or call the pro shop for any additional information (843-681-3626).



**Upcoming Events at Spring Lake**

**September 30 - Pro League Match**

The Hilton Head Island Pro League is coming back to Spring Lake Racquet Club. Come out and experience some of the best tennis from pro's all around the island. This is a free event and draws a large crowd. If possible, please carpool or ride a bike as parking will be limited.

**October 6 - Oktoberfest Social**

Break out your Lederhosen and Dirndl because our Oktoberfest social is back by popular demand! Tennis/Pickleball starts at 2:30pm and the social committee is bringing the delicious brats and sides to follow. Space does fill fast, so reserve your spot online or at the Spring Lake Pro Shop



**October 13 - 16 - USTA 65+/75+ State Tournament**

We are excited to be one of the host sites for the USTA 65+/75+ State tournament. Spring Lake supports over 60 teams throughout the year, and we are happy to have 4 teams advance to the upcoming state tournament. As more information becomes available, we will be giving updates on court reserve.



**Bocce**



The Fall Bocce season is off to a rolling start as matches are in full swing into November. Last month, the annual Information Clinic and Champion's Clinic brought several new faces from across HHP.

Never seen Bocce up close? Stop by the courts to watch. They are behind Spring Lake Pavilion. Or, stop by for the club's happy hour every Thursday at 4:00 PM in front of Spring Lake Pavilion to meet some players.

Want to be added to the sub list? No experience is needed, nor do you need to be a club member. For more details, visit our website on the Spring Lake Racquet Club's Court Reserve platform, or enter the URL:

<https://app.courtreserve.com/Online/Portal/Index/7345>

Alternatively, reach out Bocce Club president John Hupchick, at [hpbocce.president@gmail.com](mailto:hpbocce.president@gmail.com).



**Interested in joining Spring Lake Tennis?**

*Call today to learn more!*

**843-681-3626**

**Hours of Operation  
Spring Lake Racquet Club**

**Monday - Saturday  
8:30 am - 5:30 pm**

**Sunday  
8:30 am - 5:00 pm**

**Fusion Fitness – New 6-Week Session**

The Activities Department is excited to be offering another 6-week session of Fusion Fitness with instructor Mary Grogan this fall. Fusion Fitness is a fusion of Pilates and light weights for all levels. The goal is to empower you to tone, strengthen and move your body with confidence, strength, and awareness. All sports will be enhanced as you improve your posture, balance, increase energy, and decrease stress. Participants should bring a mat, water, and a set of light weights (2-3 lbs.).

This new 6-week session will be offered on Wednesdays in the evenings from 6:45-7:45 PM at the Spring Lake Pavilion (upstairs) starting October 11 and continuing through November 15. Participants should be prepared to get down and up off the floor for some of the exercises.

Dates: **Wednesdays  
October 11 – November 15**  
 Time: **6:45 – 7:45 PM**  
 Place: **Spring Lake Pavilion**  
 Cost: **\$40/person**  
 Instructor: **Mary Grogan**

A maximum of 20 participants are permitted to sign up for this class. For questions, call the Scheduling Office at 843-681-8090.

**"The Jungle Body" coming back for 6-weeks this fall!**

The Activities Department is excited to bring back another 6-week session of "The Jungle Body" with Taylor Newcomb starting Thursday, October 19. The Jungle Body's GETLOW® program is a low intensity and low impact fusion of boxing, dance, light cardio, and sculpting. With only 4 easy to follow moves per song, we'll groove to music from all decades and genres. Bring light dumbbells (3-5 pounds) if you have them. We will have extra if needed! This is the most fun you'll have working out! Move because it makes your mind, body and soul feel good. Whether you're super uncoordinated or dancing is your jam, The Jungle Body is for EVERYONE. We are welcoming and 100% stress free. Leave your inhibitions at the door and escape into the beats!

The new 6-week session will kick off on Thursday, October 19 and continue through November 30 (skipping 11/23). Classes will be held from 6:45-7:45 PM upstairs in the Spring Lake Pavilion. Cost is \$40/person for the 6-week session. If interested, please stop by the Scheduling Office to sign up with Jen.

Dates: **Thursdays  
October 19 – November 30  
(Skipping 11/23)**  
 Time: **6:45 – 7:45 PM**  
 Place: **Spring Lake Pavilion**  
 Cost: **\$40/person**  
 Instructor: **Taylor Newcomb**

Feel free to check out more details about the class by going on the website: [www.thejunglebody.com](http://www.thejunglebody.com). You can also check out Taylor's Instagram account: [tnewcdances](https://www.instagram.com/tnewcdances) or feel free to email her directly with questions at [tnewcfitness@gmail.com](mailto:tnewcfitness@gmail.com). We hope you'll join us for this fun fitness class!



**Country Line Dancing Classes  
WILL RESUME  
Monday, October 9**



The Monday & Wednesday evening Country Line Dancing Class with Jackie Spindel will be resuming starting Monday, October 9. Classes will be held upstairs at the Spring Lake Pavilion at **5:30 PM**. Participants are encouraged to wear athletic shoes to class. These classes are part of the Universal Fitness Ticket system and require one ticket per person to attend.

For questions, please contact the Director of Activities, at 843-681-8800, ext. 226.

**Water Aerobics**

Morning Water Aerobics will end for the season on September 29.

Deep End Water Aerobics will end for the season on September 28.

### Yoga for Osteoporosis – New 6-Week Session

The Activities Department is excited to offer another 6-week session of Yoga for Osteoporosis with Gayle Caporale starting in late October. This new session will be offered on Tuesdays from 4:00-5:00 PM starting October 24 and continuing through November 28. Yoga benefits people with Osteoporosis in many ways, such as improved balance and posture, coordination, strength and range-of-motion, and lower anxiety, all elements that reduce the risk of fracture. Whether you have Osteopenia, Osteoporosis or just want to build your bone strength and improve your balance, the 12 yoga poses participants will practice specifically counter bone and muscle loss and improve coordination and balance. It's accessible to those new to yoga, as well as long time practitioners. Gayle is certified to teach this method and has personally committed to this program of 12 poses 5-7 days per week. It has significantly improved her own bone mineral density in her spine and femur.

Dates: **Tuesdays  
October 24 – November 28**  
Time: **4:00 – 5:00 PM**  
Place: **Spring Lake Pavilion**  
Cost: **\$40/person**  
Instructor: **Gayle Caporale**

If interested, please bring your \$40 payment to the Scheduling Office to reserve your spot today. Class size will be limited to 8 participants. For questions, call Jen at 843-681-8090.

### Qigong Class – New 6-Week Session

Qigong (chee gong) is an ancient Chinese health care system that was developed before the written word in Chinese monasteries, hospitals and imperial courts. It integrates movements, breathing techniques, focus attention and self applied massage. Qigong means cultivating or working with energy and is practiced for health maintenance, increased vitality and inner peace. Our instructor, Bénédicte Gadron, will be teaching a six-week session beginning Monday, September 25. Classes will be held on Mondays at the Spring Lake Pavilion from 4:30 – 5:30 PM. The new class session runs September 25 through October 30, and the cost is only \$40/person for the entire session. If interested, please sign up with Jen at the Scheduling Office. Questions? Call 843-681-8090.

Dates: **Mondays  
Sept. 25 – Oct. 30**  
Time: **4:30 – 5:30 PM**  
Place: **Spring Lake Pavilion**  
Cost: **\$40/person**  
Instructor: **Bénédicte Gadron**

Qigong's great appeal is that anyone can benefit from practicing it, from the very young to the very old. The movements are easy to learn. They can be performed standing, or sitting, and can be adapted for physical limitations. No special equipment or clothing is required. A minimum is needed in order to have this class so sign up today!

## Universal Fitness Classes

Program	Instructor	Date/Days	Time	Place	2023 Fees
<b>Low-Impact Aerobics</b>	Louise Lund	Mon. Wed. Fri.	8:30 - 9:30 AM	SLP	1 ticket - \$7.00 10 tickets - \$65.00 20 tickets - \$120.00 30 tickets - \$165.00 40 tickets - \$210.00
<b>Total Body Conditioning</b>	Louise Lund	Mon. Wed. Fri.	9:30 - 10:30 AM	SLP	
<b>Chair Yoga</b>	Gayle Caporale	Mondays	3:00 - 4:00 PM	SLP	
<b>Pilates</b>	Holly Wright	Tues. & Thurs.	8:30 - 9:30 AM	SLP	
<b>Core, Strength, &amp; Balance</b>	Louise Lund	Tues. & Thurs.	9:45 - 10:45 AM	SLP	
<b>Gentle Yoga</b>	Gayle Caporale	Tues. & Thurs.	5:30 - 6:30 PM	SLP	
<b>Country Line Dancing</b>	Jackie Spindel	Mon. & Wed. Begins 10/9	5:30 - 6:30 PM	SLP	
<b>Morning Water Aerobics</b>	Gretchen Spiridopoulos	Mon. Wed. Fri. Ending 9/29	8:30 - 9:30 AM	Pool	
<b>Deep-End Water Aerobics</b>	Jackie Spindel	Tues. & Thurs. Ending 9/28	5:30 - 6:30 PM	Pool	

**You must use a 2023 Universal Fitness Ticket in order to attend the above classes. Tickets are available for purchase at the POA Service Center and the Plantation House.**

**Sign up for POA Activities at the Scheduling Office in the Plantation House. Questions? Call Jen at 843-681-8090.**

### Fall Harvest Party Continued From Front Page

Date: **Saturday, October 28**  
 Rain Date: **Sunday, October 29**  
 Time: **3:00-6:00 PM**  
 Place: **Plantation House Parking Lot Areas**  
 Cost: **\$5/Child – 12 and younger**  
**\$10/Adult and Kids 13+**  
 Questions: **Call Jen at 843-681-8090**  
 Deadline: **Monday, October 23**

If interested in attending, please drop off payment to the Scheduling Office located in the Plantation House by Monday, October 23, so we can make sure we have enough refreshments and pie pumpkins available. At the time of payment, we encourage you to make your reservations for one of the hayrides as there is limited seating for this portion of the program. There will be no refunds given if we have to utilize the rain date. Please be prepared to attend either day. If you have any questions, please call Jen at 843-681-8090. We hope to see you there!

### “Medicare Made Clear™” Seminar

The Activities Department will be teaming up with Christopher Tassone on Friday, November 3, at 10:00 AM at the Plantation House to offer a FREE “Medicare Made Clear™” educational seminar. Join us to learn all about your Medicare choices. Christopher will also share tools and resources to help you understand the coverage that may be right for you, including a free educational guide. Whether you’re just getting started with Medicare or simply looking to learn more, he’s here to help.

Date: **Friday, November 3**  
 Time: **10:00 AM**  
 Place: **Plantation House**  
 Cost: **FREE!**  
 Presenter: **Christopher Tassone**  
**Licensed Sales Representative**  
**and HHP Resident for 20+ years**  
 Jen at 843-681-8090 or  
 Email: [scheduling@hhppoa.org](mailto:scheduling@hhppoa.org)

The seminar will conclude with a Q & A period at the end. Light refreshments will be provided. To register, please call or email Jen at the Scheduling Office. Seats are limited so sign up today!

### Flu Shots with Burke's Main Street Pharmacy

The Activities Department is excited to be partnering with Burke’s Main Street Pharmacy to offer Flu Shot Clinics at the Plantation House from 9:30 AM – 12:00 PM on Friday, October 13 and again on Thursday, October 19.



**If interested, please RSVP online to the event that can be found at [www.burkespharmacy.com](http://www.burkespharmacy.com).**

There is limited availability so RSVP early if you are interested in participating. Please bring copies of all your insurance cards and picture ID to the clinic.

When: **Friday, October 13 & Thursday, October 19**  
 Place: **Plantation House**  
 Time: **9:30 AM – 12:00 PM**  
 Cost: **\$65 – Low Dose**  
**\$106 – High Dose**  
 RSVP: **[www.burkespharmacy.com](http://www.burkespharmacy.com)**  
 Administered by: **Burke’s Main Street Pharmacy**

Most insurances are accepted; however, not all insurance plans cover flu vaccines. Flu shots are available without insurance. Valid Picture ID required. Exact cash or check will be accepted. Staff will not be able to make change for those paying in cash. The low dose (<65) vaccine will be \$65 this year and the high dose (65+) is \$106.

### Flu Shots with CVS

The Activities Department is excited to be partnering with the local CVS Pharmacy to offer flu shots at the Plantation House from 9:00 AM to 2:00 PM on Monday, October 30.

**Appointments must be made by calling Jen at the Scheduling Office at 843-681-8090. Please specify WHICH TYPE of flu shot you need at the time of registering – High Dose versus Regular Dose.**



You will need to bring your insurance cards on the day of the flu clinic. If you have a supplement card to Medicare Part B please bring that as well. Please be sure to arrive 10 minutes before your appointment time to give yourself enough time to complete the insurance form.

When: **Monday, October 30**  
 Place: **Plantation House**  
 Time: **9:00 AM – 2:00 PM**  
 Cost: **\$63 – Regular dose**  
**\$103 – High dose**  
**(For those without insurance or Medicare)**  
 RSVP: **Jen at 843-681-8090**  
 Administered by: **CVS Pharmacy**

Most insurances are accepted; however, the flu shots are also available without insurance. Exact cash or check will be accepted. Staff will not be able to make change for those paying in cash. The regular vaccine is \$63, and the high dose is \$103.

## "The Signs & Symptoms of Cataracts" Seminar

The Activities Department will be teaming up with Dr. Erin Benjamin of Goulas Eye on Monday, September 18, at 10:00 AM at the Plantation House to offer a FREE seminar on "The Signs & Symptoms of Cataracts."



Dr. Benjamin will discuss the following:

- Define what a cataract is
- Determine the common signs and symptoms of a cataract
- Discuss up-to-date management and treatment options for cataracts

Come and learn information on the diagnosis, management, and treatment of cataracts.

Date: **Monday, September 18**  
 Time: **10:00 AM**  
 Place: **Plantation House**  
 Cost: **FREE!**  
 Presenter: **Dr. Erin Benjamin**  
**Goulas Eye in HHI & Bluffton**  
 RSVP: **Jen at 843-681-8090 OR**  
 By email: **scheduling@hhppoa.org**

The seminar will conclude with a Q & A period at the end. Light refreshments will be provided.

To register, please call Jen at the Scheduling Office at 843-681-8090 or email: [scheduling@hhppoa.org](mailto:scheduling@hhppoa.org). Seats are limited so sign up today!

**Presenter Bio:** Dr. Erin Benjamin is a practicing comprehensive ophthalmologist at Goulas Eye in HHI and Bluffton. She graduated medical school at Philadelphia College of Osteopathic Medicine in 2009 and completed her ophthalmology residency at Michigan State University in 2013. Dr. Benjamin and her family currently reside in Hilton Head Plantation, and she looks forward to providing the highest level of eye care to her community.

## "Breast Health" Seminar with Dr. Shelly Ringer

Did you know that 1 in 8 women in the U.S. will develop breast cancer in her lifetime? October is Breast Cancer Awareness Month. The Activities Department and Hilton Head Hospital invite you to join Dr. Shelly Ringer, Breast Surgeon from MUSC and Medical Director of Hilton Head Hospital's Breast Health Center, as she discusses the latest advances in the prevention and treatment of breast cancer.

Date: **Tuesday, October 10**  
 Time: **10:00 AM**  
 Place: **Plantation House**  
 Cost: **FREE!**  
 Presenter: **Dr. Shelly Ringer**  
**Breast Surgeon from MUSC &**  
**Medical Director of Hilton Head**  
**Hospital's Breast Health Center**  
 RSVP: **Jen at 843-681-8090 or**  
**Email: [scheduling@hhppoa.org](mailto:scheduling@hhppoa.org)**

If interested in attending, please call or email Jen at the Scheduling Office. Space is limited so sign up today! Light refreshments will be served.

### Presenter Background:

Dr. Shelly Ringer is a board-certified surgical oncologist with clinical interests in benign and malignant breast disease, breast cancer genetics, breast cancer surgical management, and management of patients at high risk for breast cancer. She received her medical degree from Indiana University School of Medicine and completed a general surgery residency at Good Samaritan Hospital in Cincinnati, Ohio. Her fellowship in breast surgical oncology was completed at the University of Pittsburgh Medical Center. Dr. Ringer is accepting patients at MUSC Health Breast Health Center located in the Bluffton Medical Campus in Bluffton, South Carolina.



## Beginner Ballroom Masterclass

It's time to dance AGAIN! Please join the Activities Department and the dynamic duo from the Fred Astaire Dance Studio in Hilton Head (Paul El Haddad & Alina Schroyer) for another Beginner Ballroom Masterclass for an exuberant evening of dancing and fun! We will be teaching a class for ALL levels to enjoy. Some of the dances included in the class may be Shag, Foxtrot, Hustle, Salsa, Swing, and many more. Whether it's a date night or ladies' night, come join in on the fun! Drinks and hors d'oeuvres will be included! We can't wait to see you there!



When: **Friday, October 6**  
 Time: **5:00 – 7:30 PM**  
 Place: **Plantation House**  
 Cost: **\$30/person**  
 Questions: **Call Jen at 843-681-9090 OR Email: [scheduling@hhppoa.org](mailto:scheduling@hhppoa.org)**

If interested in signing up, please stop by the Scheduling Office. Your check or cash payment IS your reservation. For questions, call 843-681-8090.

# Fall Trash & Treasure Sale

Saturday, October 14 — 11:00 AM to 2:00 PM  
Plantation House Parking Areas

*(In case of inclement weather, it will be MOVED to **Saturday, October 21!**)*



**To reserve a space and table(s),  
complete the application and  
return it to the Plantation House  
by Monday, October 9.  
Space is limited so sign up early!  
Questions? Call Jen at 843-681-8090.**

*\*A designated set-up time will be assigned to each spot when you make your reservation with Jen.*

Required Fee: One parking space = \$30.00.  
A 3' x 6' table can be added to your space for an additional \$10.00.

**\*Concessions will be available for purchase.\*  
\*No Refunds will be given if the decision is made to move to the rain date.\***

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## 2023 HHPPOA Fall Trash & Treasure Sale Application

Name \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_

\_\_\_\_\_ Spaces at \$30 each (**Required**) = \$ \_\_\_\_\_

\_\_\_\_\_ Tables at \$10 each (Optional) = \$ \_\_\_\_\_

Total amount of check to HHPPOA = \$ \_\_\_\_\_

Return the completed application & check (payable to HHPPOA) to the Plantation House or mail to: Activities Department, P.O. Box 21940, Hilton Head Island, SC 29925.

## October Art Classes with LeAnn Kalita - Home Portraits

After repeated requests, LeAnn Kalita is offering for the first-time classes on painting HOME PORTRAITS. During the month of October, she will share techniques, tips, and skills honed from her years of experience painting these portraits which capture the beauty and setting of a home – a first home, family home, retirement home, or the home of someone special who will receive the portrait as a surprise gift. Students will use their own reference photos, paying special attention to favorable elements, composition, interpretation of information, and preferred style of design. Throughout the month, LeAnn will offer demonstrations in addition to guiding students through their individual pieces so each person will have a completed portrait when done.



To view samples of LeAnn's home portrait work please visit her website – [www.leannkalita.com](http://www.leannkalita.com). Open to all levels of watercolor/acrylic painters and ink/graphite artists with a basic knowledge in use of their medium. Supply list given at registration.



When: **Thursday, October 5**                      **Thursdays, October 12 & 19**  
 Time: **9:30 AM – 4:00 PM**                      **1:00 PM – 4:00 PM**  
 Place: **Spring Lake Pavilion**                      **Spring Lake Pavilion**

Cost: **ENTIRE 3-Class Package (1 full-day & 2 half-day sessions) is \$170/person OR \$90 for the full-day session OR \$49 for each half-day session**

If interested in signing up for any of LeAnn's classes, please stop by the Scheduling Office. Your check or cash payment IS your reservation. For questions, call 843-681-8090 or contact LeAnn Kalita via email: [kalitart@gmail.com](mailto:kalitart@gmail.com).

## October Art Classes with LouAnne Barrett - All the Colors, Sights and Smells of Fall!

In October, we will set up a Fall still life with the warm colors, fruits and veggies of harvest, or if you prefer, you can focus on the muted tones of our Lowcountry marshes and paint an October marsh scene. Instructor will bring all the components for the still life, and you can take several photos for future reference.

Instructor will provide material to work in pastel, watercolor or acrylic as well as surface choices to new, emerging, and progressing artists or you can bring your own supplies. Class maximum: 10 artists; class minimum: 4 artists. Visit the website [labarrettartist.com](http://labarrettartist.com) to view instructor's work.

When: **Mondays, October 2, 9, 16, 23 & 30**  
 Time: **1:00 – 4:00 PM**  
 Place: **Spring Lake Pavilion**  
 Cost: **\$200 for entire 5-Class Session OR \$49/Class**



If interested, sign up at the Scheduling Office with Jen. Your check or cash payment IS your reservation. For questions, call 843-681-8090 or contact LouAnne Barrett via email: [1ladesignsonhhi@gmail.com](mailto:1ladesignsonhhi@gmail.com).

### Artist/Instructor Education:

AA from Mesa College, San Diego, Ca.  
 BFA from Ohio University, Athens, Ohio  
 M.Ed from Lesley University, Cambridge, MA

### Artist/Instructor Experience:

Designer/Owner of Interior Design Firm - 17 years  
 Middle & High School Art Teacher - 20 years  
 Adjunct Professor of Interior Design - 10 years

**“Medicare Updates and Tips to Decompress from Stress” Seminar**

It is almost that time of year again – Medicare Open Enrollment! Please join the Activities Department in welcoming Karla Fields, a Licensed Insurance Agent with the David M. Gilston Insurance Agency, on Tuesday, September 26, at 10:00 AM at the Plantation House for a FREE seminar on “Medicare Updates and Tips to Decompress from Stress.” Karla will discuss the proposed changes for 2024 and what you need to know to enter the annual enrollment period. Learn about your Medicare options and how to compare plans. In addition, she will discuss tips to help you decompress from stress. Learn how to let go of stress. If you have questions about the above, the David M. Gilston Insurance Agency will help keep you informed and up to date.

Date: **Tuesday, September 26**  
 Time: **10:00 AM**  
 Place: **Plantation House**  
 Cost: **FREE!**  
 Presenter: **Mrs. Karla Fields Licensed Insurance Agent with David M. Gilston Insurance Agency**  
 Call Jen at 843-681-8090 or Email: [scheduling@hhppoa.org](mailto:scheduling@hhppoa.org)

If interested in attending, please RSVP to Jen at the Scheduling Office. Light refreshments will be served. Space is limited so sign up today!

**Presenter Background:**

*Karla Fields – Individual, Senior, and Group Licensed Staff Agent*  
 A native to Charleston, SC, Karla attended the University of South Carolina in Columbia where she graduated Cum Laude. She studied Management and Marketing as a dual major under the Business Administration degree program. For eleven years she has been in the health insurance industry. Her career first started with BCBS of SC. In this capacity, Karla marketed and sold individual plans, senior products, and small group plans. Three years ago, Karla became a licensed Staff Agent with the David M. Gilston Insurance Agency and will continue to be an active producer in all lines of business. She is an active member of the Greater Summerville Chamber of Commerce where she is a chamber advocate through their Chamber Champions program. She is also very involved in the Summerville community and enjoys giving back to her hometown. Karla is very involved with her Rotary Club, the Summerville Evening Rotary Club, where she just finished her term as President. She lives in Summerville with her husband, Cadill. In her free time, she enjoys exploring the outdoors and fishing.

**“A Healthy Back for Life” Seminar**

Please join the Activities Department and Ann – Owner of Luna Therapy Health & Wellness Spa and Dr. Rachel Schulte, DPT – Physical Therapist of Athlete’s Mechanic Physical Therapy on Wednesday, November 1, at 10:00 AM at the Plantation House for a free seminar on “A Healthy Back for Life.” Some of the topics to be discussed include:

- Anatomy of the Back
- Prevention
- Ergonomics
- Spinal Movement
- Key Exercises
- Medical Massage
- Myofascial Release Techniques

Come learn simple ways to prevent and address back pain with results-oriented information, hands-on participation, and an educational handout.

Date: **Wednesday, November 1**  
 Time: **10:00 AM**  
 Place: **Plantation House**  
 Cost: **FREE!**  
 Presenters: **Ann of Luna Therapy & Dr. Rachel Schulte, DPT of Athlete’s Mechanic Physical Therapy**  
 Call Jen at 843-681-8090 or Email: [scheduling@hhppoa.org](mailto:scheduling@hhppoa.org)

Ann is the owner of Luna Therapy and is an Occupational Therapist and Massage Therapist with over 25 years in healthcare and wellness, and Dr. Schulte is a Physical Therapist of Athlete’s Mechanic Physical Therapy located on Main Street. If interested in attending, please call or email Jen at the Scheduling Office. Space is limited so sign up today!

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