

Dolphin Head Project Updates



Welcome New Board Member, Mike Harris!

Current Board Member David Pollock sadly announced his resignation from the Board of Directors as he and his wife are moving out of town. Thank you, David, for your years of service to HHP - you will be greatly missed!

We would like to welcome Mike Harris to the HHP Board of Directors. Mike ran in the 2023 Board of Directors election and had the next highest number of votes. He will finish out David's term and chair the Maintenance Committee.



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HHP Trash & Treasure Sale
Saturday, October 14

Application INSERTED into this issue!





Hilton Head Plantation

Property Owner's Association

7 Surrey Lane - PO Box 21940
Hilton Head Island, SC 29925
Tel. 843-681-8800 Fax 843-681-8801
Hours: Mon.-Fri. 8:00 AM - 4:30 PM
www.hiltonheadplantation.com

Board of Directors

Board of Directors Hotline Ext. 9

President Ed Schottland
Vice President Carlton Dallas
Secretary Lori Schmidt
Treasurer Jon Heron

Members

Jordan Berliner Margie Lechowicz
Rex Garniewicz Keith Schlegel
Mike Harris

POA Staff

General Manager

Peter Kristian Ext. 233

Asst. Gen. Mgr./Administration

Todd Lindstrom Ext. 239

Director of Activities/Recreation

Chrissy Kristian Ext. 226

ARB/Covenants

Michele Chisolm Ext. 231

Communications

Leah Davis Ext. 244

Maintenance

David Mills Ext. 227

Security Director

Major Warren Gaither 843-681-3843

Tennis Pro

Trevor Scott 843-681-3626

Important Phone Numbers

POA Service Center 843-681-8800

Accounting Ext. 236
Communications Ext. 244
Covenant Enforcement Ext. 242
Maintenance Shop Ext. 241
Tennis Hotline Ext. 290
Vehicle Decals Ext. 223
Dolphin Head Building 843-681-8019
Plantation House 843-681-8090
Scheduling Office 843-681-8090
Spring Lake Pavilion 843-681-3707
Spring Lake Pool Information 843-689-6473
Spring Lake Tennis 843-681-3626

Security & Emergencies

Dispatch (24 hours) 843-681-2459
Pass Line (24 hours) 843-342-9980
Security Office 843-681-3053
Fire & Ambulance Dial 911

From the *President's Desk*

As the summer begins to wind down and the kids prepare to return to school, we can continue to enjoy all that HHP has to offer.

HHPPOA Board Member David Pollock has decided to move back to Michigan to be closer to family. Dave has resigned from the Board effective early August. Dave has done an outstanding job chairing the Maintenance Committee and also serving as Board Secretary for a year. Dave will be missed; we wish him and his wife safe travels to their new home in the north.

The Board has appointed Mike Harris, who was the next highest in votes in the recent election, to join the Board and serve out David's term. Already a member of the Maintenance Committee, he will assume the chair's position when Mike starts in August. Welcome Mike!

During July, we were finally able to hear Tower of Funk and the Choosy Mothers Horns, whose concert was canceled twice during the month of June, and Deaz-Guys, who once again gave a terrific concert to a capacity crowd. The pool has continued to be well used, especially during this extremely hot summer, and our new service company continues to do a good job keeping the lazy river moving. During August, there will be plenty of time to continue visiting the pool and cool off a bit. Pickle Ball has made it to Spring Lake, with a trial program on Saturday afternoons, initiated by a Demo on July 29th that was booked upon announcement. Contact the Tennis court office if you are interested.

Kids Kamp finished up the first week in August with record attendance. Thank you to all who contributed time and support, from our summer counselors to regular staff, volunteers, and the Fishing Club. Our August 3rd Coffee with Peter was well attended and allowed us to hear from State Senator Tom Davis, who shared updates on the progress of the Bridge and 278 Corridor project.

The Dolphin Head project continues to move forward on schedule; the roof is on the building and the picnic shelter, the inside walls are being finished up, staff is ordering furniture, and the bluff walk extension, which is being worked on, will really be enjoyed once we are open. As mentioned by Peter last month, no reservations are being taken for the facility until the project has been completed. Plans are currently being made by the Recreation Committee and our staff for a grand opening to be combined with a celebration of our 50th Anniversary. Watch for the announcement!

As a reminder, the following links contain information helpful to new residents and serve as a refresher for "veteran" residents. They provide DEPENDABLE HHPPOA sources by which you can stay informed and/or share your thoughts with Board members and staff.

The following resources are the best way to stay reliably informed about the HHP issues/event/activities:

- Read *Plantation Living*, online or hard copy delivered to your mailbox
- Attend Coffees with Peter, an opportunity to hear first-hand what is happening and ask your own questions
- Enroll for e-mail blasts
- Communicate with the Board:
 - E-mail- board@hhppoa.org
 - Letter to the POA Service Center
 - By phone 843-681-8800 Ext 9
- Visit our website (www.hiltonheadplantation.com) for board meeting meetings and available forms and documents.

-- Ed Schottland
Board President

A letter from our

General Manager

Coffee with Peter

Our next Coffee is scheduled for **Thursday, September 28**, at 10:00 AM at the Plantation House. Our Special Guests will be **Mayor Alan Perry and Town Manager Mark Orlando**.

We have also scheduled a special community meeting with **School Board Superintendent Dr. Frank Rodriguez on October 11 at 10:00 AM**. Dr. Rodriguez will explain the School Board Referendum on the Ballot in November. This referendum will fund renovations in part for the Hilton Head High School Campus as well as other County school improvements.

New Homeowner Meeting

On **Monday, September 11 at 7:00 PM** at the Plantation House we will be hosting a meeting for new homeowners. HHP has hundreds of new residents, and we invite all of you to meet with senior staff and the General Manager. We will have a Q&A, and we guarantee you will be amazed at what you may not know about living in HHP.

Back to School

The Beaufort County School District will begin school on August 21. Our Kids Kamp program ended on August 4, which means many youngsters will be underfoot during the month of August. Be mindful of them while out and about in the community.

Dolphin Head Renovation Project

The Dolphin Head Renovation Project progresses. Construction on the clubhouse continues, and work on the decking is in progress. The metal roof for the picnic shelter and clubhouse is installed. Installation of the pour and play surface for the playground has been completed. The drywall has been taped, plastered, and painted, cabinets in the kitchen are now in place. Work continues on the pathways that connect the Bluff Walk to the Pine Island entrance, as well as all the various elements of the project. Work has also been completed on the trellis for the event lawn and the entrance to the playground. The anticipated completion date is still earmarked for mid to late September.

When this project is completed, we will hold an open house for the community to tour all the facilities, including the inside of the new Dolphin Head Recreation building. Once we have a definitive opening date the POA will have first preference for scheduled community programs, next the clubs will be permitted to schedule meeting space, and finally, residents will be permitted the rent the building for appropriate events on dates not secured by either the POA or Clubs.

The Dolphin Head Memorial & Honorarium Program has been very well received. We have already secured commitments from various families that donated the following: five (5) benches, six (6) picnic tables, six (6) Adirondack chairs, and two (2) grills. Other outdoor items include four (4) bike racks, the firepit, and swing trellises, among other items. The total amount of donations that have been submitted thus far (this includes the purchase of outdoor items. One resident sponsored the Foot/Dog Washing Station, which brings the total donation as of this writing to over \$43,000 which included many general donations. If you are interested in participating in this program, please contact Chrissy Kristian at the POA Service Center at 843- 681-8800 ext. 226.

The Hot Dog Meter

The Hot Dog Meter and pizza meters for this year's event were off the charts. We experienced a blowout crowd with so many new and returning participants! You guys were great, and we are indeed thankful to all the volunteers who assisted with running all the facets of this massive operation.

I was once again perched atop the Dunk Tank, which proved to be by far the coolest spot in the lineup! I lost count after 32 trips into the drink! Unlike last year no one nailed me three for three this year.

Most Patriotic Child

1st – JP Schmid

Most Patriotic Duo / Family

1st – The Alf Family

2nd – The Tax Family

3rd – Bradley & Brittany Potter

HM – The Lovelace Family

Most Patriotic Pet

1st – George & Ringo

2nd – Lilly Pearl Howe

3rd – Chloe Wolfkiel

Most Patriotic Bike

1st – Savannah Myers

2nd – Vivienne Walker

3rd – Felicity Fitzpatrick

HM – Josh, Jacob & Andrew Lovelace

Most Patriotic Stroller

1st – Valerie & Michaela Marshall

2nd – Sylvia Surber

3rd – Kostrzewski Family

HM – Choban Family

Most Patriotic Wagon

1st – Ward Sbibert

2nd – Montgomery Bentz & Family

3rd – Ann Lively

HM – Choban Family

Most Original Idea

1st – Grace Kennedy

Best Overall

1st – Lyn and Mike Tax & Family

2nd – Schmid Family

3rd – Cole & Everly Hinson

HM – Amelia & Elizabeth Arnold

WINNERS – Watermelon Eating Contest

Division: Kids Under 12

1st – Henry Reed

2nd – JP Schmid

3rd – Emma Slipke

Division: Kids 12 & Over

1st – Pops Schmid

2nd – Gabe Kohmescher

3rd – Bia Almeida

General Manager's Report

(cont'd. from page 3)

WINNERS – Pie Eating Contest

Division: Kids 12 & Under

1st – Wesley Brown

2nd – Lulu Dunn

3rd – Bridget Kostrzewski

Division: Kids 15+ & Adults

1st – Brian Popp

2nd – Keith Kostrzewski

Tie for 3rd – Teagan Reece

Tie for 3rd – Larry Wohlers

Website

Please visit the POA's website www.hiltonheadplantation.com. Please also consider signing up for our email alert services, which include Safety Alerts, Exigent Information, receiving *Plantation Living* online, and our Recreation updates. Signing up takes less than a minute and can be found under the Email Services tab on our website.

Hurricane Kits

If you have not already done so, please review the POA's Hurricane Preparedness Guide, which can be found on the POA's Website hiltonheadplantation.com under the Security Section or you can be pick up a copy at the POA Service Center on Surrey Lane. Please review this very important material which has been updated due to our experience with Hurricane Matthew. You should have already prepared a Hurricane Evacuation Kit for yourself and your family. Your kit should be kept in a place where it is easily accessible and updated periodically. If you have not prepared a Hurricane Evacuation Kit, please review the section in the Hurricane Preparedness Guide on what items should be part of your kit. Remember the time to prepare for a possible Hurricane Strike and possible evacuation is before a threat is imminent.

Special Program

Every year for the past 14 years, the HHP Fishing Club has, very quietly and without fanfare or expectation of recognition, hosted the constituents from Camp Leo, which is a camp for the blind. On Tuesday, July 18, this unique learning experience, which is an Out-Reach Program of the HHP Fishing Club, was once again hosted. Volunteers with the HHP Fishing Club taught these young people to fish, most never having the experience before this opportunity. This year's program included eight (8) International participants representing eight (8) different countries.

Pickle Ball

On an experimental basis, the Board has agreed to allow our Tennis Professional, Trevor Scott, to use the downtime on the Spring Lake Racquet Club's two teaching courts for Pickle Ball. These court spaces will be lined for five Pickle Ball Courts. This program will be experimental and will eventually include, if successful, the two hard courts that will be part of the multi-use hard court surface at the Dolphin Head Recreation renovation. Reserved use of these courts will require a fee and is scheduled through the Spring Lake Racquet Club's Pro Shop. Stay tuned for additional information on this program.

Quick Reminders

Do not feed or harass the Alligators. Please mind the signs at the

traffic circle and signal your turns, and lastly, if you are fishing, please remember it is your responsibility to clean up your area when you leave. We ask that you practice Catch and Release at all of the POA's freshwater lagoons.

Projects-

Here is a status report on all the Repair and Replacement projects we were scheduled to take on in 2023.

2023 Projects

- Replace two Aerators - On Order
- Purchase furniture for the new Dolphin Head Pavilion - On Order
- Replace the HVAC unit for the POA Service Center lobby - Under Consideration
- Paint the interior of the POA service Center building – Scheduled for the fall
- Replace Office Computers- In Process
- Replace appropriate sections of concrete curbs – Scheduled for fall
- Paint the interior of the Security Building- Scheduled for fall
- Renovate the Spring Lake Tennis Bleachers - Completed
- Paint the exterior of the Spring Lake Tennis Pro Shop - Bids Obtained
- Purchase a midsize pickup truck for Security - Completed
- Renovate the interior of the Security Gates - Completed
- Renourish the Pine Island Beach - Scheduled for Completed
- Resurface designated sections of roadway - Scheduled for August
- Resurface appropriate sections of leisure paths - In Progress
- Renovate six tennis courts at the Spring Lake complex - Completed
- Paint the interior of the Spring Lake Tennis pro shop - Bids Obtained
- Replace tennis equipment - Completed
- Replace pool pump - Completed
- Replace camera system in patrol vehicles - Completed

Landscape Debris

HHP Security and the HHP Maintenance Department have encountered an increase in illegal dumping on POA Common Property and POA road right of way. The POA does not provide curbside pickup of landscape debris. It is the responsibility of every property owner to dispose of their landscape debris responsibly and legally. HHPPOA property owners can bring their landscape debris to the POA Dump site next to the Seabrook Farm or the County Transfer Station on Dillon Road free of charge. Residents dumping landscape debris on common property, including road right of ways, are subject to fines and other sanctions.

Landscape Debris up to four inches in diameter is accepted at the HHPPOA site, while larger diameter items will need to be brought to the County Transfer Station. HHPPOA landscape debris is processed into mulch and used throughout HHP as a ground cover and/or soil amendment. We deliver mulch free of charge to HHPPOA property owners. All you need to do is call the POA Service Center at 843-681-8800 and press "0" for the receptionist, and they will take your order. Mulch is usually delivered on Thursdays every week, weather permitting.

**Stay Safe,
Peter Kristian, GM**

Notice

Your interactions with members of the Security Department and the POA Staff may be recorded.

"Harry G. Heron" Your Master Covenants Bird

"This month's compendium- "I Love HHP, Don't You." We have wisdom, Leisure Paths, and Alligators, as well as Harry's Harp of the month!"

Listening is often something we take for granted. Commonly, people often hear what is being said, but hearing is a lot different than listening. Listening involves a conscious effort not to just hear what I am saying but to take it in, digest it, and understand and not dismiss important information as mere prattle. I know quotidian life can be challenging, annoying, overwhelming, and just plain hard. It's in my pedantic nature as a Heron that has been granted special powers to try to confer on humans my sagacious and unique expertise and insights. All this is done in an effort to make your own lives and those of our loved ones easier, safer, more efficient, and less stressful. It can be so tempting to cut a corner here and there. When you talk, you only repeat what you already know. But when you listen, you may learn something new. **Kindness is caring about others and doing things to help make their lives better. Think about how you would like to be treated and then apply that same standard to how you treat others. This technique, which I learned from my wise old grandmother Heron Miss Dorothy, allowed me to connect with other people and build lasting relationships.**

Leisure Paths

Summer is half spent believe it or not and our remaining warmer months allow us all to make better use of natural daylight, which for myself includes a lot more fishing and low-level flights! An observation from my aerial sorties through the friendly skies of HHP - Can we have a little more courtesy on our leisure paths? My "recon" convinced me that some walkers/runners are not being as perspicuous as they should be on HHP's leisure path system. Working together motivates everyone to be at the top of their game, eases tensions, and creates a sense of community among the flock. Most of all, increased competition to be the most courteous on our leisure paths often leads to innovation. One of the best pieces of advice I can give to pedestrians and bicyclists is awareness. A lot of runners and walkers on a multi-use path wears headphones. This practice, however popular, makes the user unaware of their surroundings. Human pedestrians, being vigilant and keeping to the right, would be very helpful to a cyclist. Cyclists should be responsible when it comes to their speed, only pass when safe, and slow down. The POA encourages bicyclists to have a bell on their bicycle to warn others of their presence. It also helps to warn others beforehand to allow someone enough time to react. A simple shout-out of "PASSING ON THE LEFT" would suffice. Most people tend to turn around immediately and step into the "flock of oncoming birds"; I mean a cyclist's path when being warned from behind. Such a cacophony may frighten some people suddenly, but it's better than suddenly passing them without warning and safer, too. Whether or not this action is effective depends on the pedestrians and bicyclists. However, the first rule must always be that people riding bikes need to be careful around pedestrians.

Alligators

Being safe around alligators is straightforward. Concerns about having negative encounters with alligators can largely be addressed with common sense and an understanding of an alligator's behavior. When the temperature begins to heat up,

alligators tend to come closer to the surface to warm up right next to the bank of the lagoons. As much as I love cranes along the lagoons sorting through my mixed seeds, I never forget to keep my bird's-eye open for my alligator friends. I pray every day that I will not



become bird prey. Keep in mind that wildlife abounds in HHP. Certain wildlife species are potentially dangerous, including alligators, bobcats, coyotes, all manner of spiders, and some snakes. If Mr. Gator is in your pool or moves toward your fishing spot, I always believe discretion is the better part of valor. My bird buddies and I understand the rules, and we do not give a second thought about deferring to Mr. Gator for a fish. Never feed an alligator; this includes throwing your fish scraps back in the water. [Feeding or harassing alligators or other wildlife that inhabit the community is strictly prohibited and violates South Carolina State and Federal laws protecting them.](#)

Fear and common sense hopefully keep birds like me (and humans like you) from taking unnecessary chances. It's all about protecting yourself and your loved ones. We all take chances whenever we leave our nest or walk out our door. Playing it safe around Mr. Gator will undoubtedly be a much better play.

Harry's Harp

It is the responsibility of all residents with pets to pick up after their pets and dispose of the waste in an appropriate trash receptacle, most likely your household trash. My friends at the POA Office have received concerns that pet owners are bagging their pet's waste but leaving it on the ground bagged or hanging from a bush or low-hanging tree limb. My most recent report was the leisure path between Savannah Trail and Crooked Pond Drive. Please take the next step and dispose of the waste, as noted above.

The POA has no desire to use this tactic, but it may be worth sharing how some communities have addressed this situation. A few communities that have experienced this issue in a more intense manner have resorted to having all the pets in their community registered with the POA and a sample of the pet's feces sent to a company that catalogs the sample for DNA. If Pet waste is discovered in a manner not in keeping with the community's governing documents a sample of the offending material is sent to the outsourcing contractor to see if a match can be affected and if so, the offending pet owner is held accountable. Again, this is a tactic not presently under consideration.

I am your RI (Real Intelligent) Heron powered Drone in the sky, who is always looking out for you!

-- Harry Giovanni Heron

843-681-8800, ext. 242 wlee@hhppoa.org

2023 Spring Lake Pool Rules

Swimmers assume responsibility for their own safety and that of their families. Lifeguards will not be on duty during all hours that the pool is open. The pool is equipped with a self-locking gate, an emergency telephone, and a first aid kit at the Guard Office. Report problems to Security – 843-681-2459. Also, DHEC will inspect for fecal contamination and other violations. If DHEC finds any contamination, they will close the pool immediately. Please be courteous and if you have a child that is NOT pottytrained, he/she MUST wear a secure-fitting, waterproof swim diaper at all times. For questions, please contact the Director of Activities at 843-681-8800, ext. 226. Thank you for your cooperation.

Spring Lake Pool Regulations

1. HHP Property Owners, their family members, guests, and tenants with leases of at least nine months may use SL Pool.
2. Spring Lake Pool users must present their validated HHP Photo ID Card to the pool staff when using the facility.
3. Property Owners, residents, and children 17 years and older, with validated HHP Photo ID Cards, may bring four (4) guests to the pool. Children 16 years old, with a validated HHP Photo ID Card, may enter the Spring Lake Pool; however, they are prohibited from bringing guests.
4. Guests, 17 years or older, with a validated House Guest Card may bring two (2) guests.
5. Spring Lake Pool users and their guests must adhere to a proper code of conduct and follow instructions from the lifeguards and pool attendants

Appropriate conduct and rules include, but are not limited to, the following:

- Lifeguard approval of all floatation devices. (Floatation devices must be Coast Guard approved.)
 - Using earphones with audio equipment.
 - Placing trash in receptacles.
 - Smoking is not permitted within the Spring Lake Pool compound at any time. (This includes e-cigarettes.)
 - Wearing swimwear at all times.
 - Showering prior to entering the pool.
6. Children age 15 years or younger MUST be accompanied by a parent/guardian (17 or older).
 7. It is the parent's/guardian's responsibility to ensure that children not potty-trained must wear secure-fitting, waterproof swim diapers at all times. NOTE: Anyone found responsible for a fecal contamination at the Spring Lake Pool will be held accountable for the cost of treatment and be subject to additional sanctions. If the person responsible is not a property owner, the cost of treatment and other sanctions will be levied against the host Property Owner/resident.
 8. The following is prohibited in the Spring Lake Pool enclosure:
 - No solo swimming
 - No animals or pets of any kind
 - No glass containers
 - No spitting, blowing nose, or individuals with skin, eye, ear, or respiratory infections, diarrhea illness, or nausea
 - No diaper changing on deck
 - No bikes, skateboards, skates, or rollerblades
 - No diving
 - No one with communicable diseases
 - No one with open lesions or wounds
 - No running, boisterous, rough play
 - No alcohol or drugs and no one under the influence of alcohol or drugs
 - No rings, body floats, rafts, and other such devices
 9. In the zero-depth area of the pool, infants will be permitted to use a baby ring as space dictates but they

MUST be under direct supervision of a parent/guardian at all times.

10. Safety breaks will be called at the discretion of the lifeguards.
11. Pool noodles are permitted but they are to be used for floatation only.
12. Coolers are permitted but they are subject to inspection. All food/drinks must be kept at least ten (10) feet from the edge of the pool. Alcohol is NOT permitted.
13. No climbing is allowed on the island in the middle of the lazy river.
14. Children wearing Coast Guard approved floatation devices in the lazy river or the deep-end area of the pool MUST be accompanied by a parent/guardian at all times.
15. Spring Lake Pool may not be used for personal profit or commercial purposes.
16. Lounge chairs, cabanas, tables and other pool equipment may not be reserved. They may be used on a first come, first served basis. Property Owners and guests should not leave personal items unattended. The HHPPOA accepts NO responsibility for any item left unattended.
17. Lifeguards and pool attendants have the authority to expel violators. They may also create and enforce other safety rules, as necessary.



POOL HOURS

MON & WED-SUN 8:00 AM - 8:00 PM

TUESDAYS 10 AM - 8:00 PM

*MORNING LAP SWIM TIMES ARE 7:30 AM UNTIL 8:15 AM (EXCEPT TUESDAYS). THERE IS NO MORNING LAP SWIM ON TUESDAYS.

*EVENING LAP SWIM TIMES ARE 30 MINUTES PRIOR TO CLOSING.

HHP Softball Club

Summer has brought some of the hottest weather we have ever witnessed. We have changed our Monday morning practices to alternate Mondays. We will have our first game on July 29 against The Legends from Skidaway Island, Georgia. We hope this will continue as part of a "Home and Home" series throughout the year. We had done this before the pandemic, and every game was exciting. As we do not have an official home field, the games played on Hilton Head will be at Barker Field. So, if you want to see some really exciting softball, come out to Barker and cheer us on. We'll provide a schedule of game dates and times for your convenience. Remember, Softball is Fun!



Bob (Bonzo) Huisman, President,
 HHP Softball Club 843-715-2516
 modybloo@hotmail.com

Plantation Golfing

by Jerry Cutrer

Country Club of Hilton Head

In a June 20 dinner and gala, three new members, including the Country Club of Hilton Head's Director of Golf Instruction Chip Pellerin, were inducted into the Lowcountry Golf Hall of Fame. Pellerin also received a Lifetime Achievement Award for his community involvement and long career in golf management and instruction on Hilton Head Island.

Six CCHH couples participated in the Golf Club at Indigo Run's Husband/Wife Championship: Mike & Kitty Cochran, Jerry & Loretta Cutrer, John & Dee Gerstle, Mike Kilosky & Linda Henderson, Jim & Lila Lawler, and Bill & Linda Maretz.

There were 40 Country Club and Indigo Run members who played in CCHH's June Twilight Mixer, a 9-hole "Dice Game Scramble," including a closest-to-the-pin competition for men and women. Foursomes were given a die to roll on each hole prior to teeing off; the number rolled determined rules applicable for that one hole (a mulligan for each player, a free toss to extend a shot for each player, men hit from the ladies tee and women hit from 150 yards, etc.).



First Photo: The Women's Nine Hole Association presented Chip Pellerin with congratulations and a gift recognizing his Lowcountry Golf Hall of Fame induction.

Second Photo: Golf Club at Indigo Run Husband/Wife Championship participants.

Third Photo: (L-R) June Twilight Mixer winners Donald & Karen Lucas and Patrice McDevitt & Skip Hendrix.

Fourth Photo: (L-R) June Twilight Mixer Closest-to-the-Pin winners Bill Maretz & Jan Kirk.

Dolphin Head Golf Club

The Dolphin Head Women's Golf Association held an "Ringer Tournament", with players taking their best net score for each hole over two days of competition.

Right: (L-R) Dolphin Head WGA Ringer Tournament winners:
1st Place - Beth Taylor, 2nd Place - Cindy Kosky, and 3rd Place - (Tie) Anne Reid & Karen Hochesing.



Country Club of Hilton Head Tennis

The Country Club of Hilton Head held its annual salute to the Wimbledon tennis event. The participants dressed in white in keeping with tradition. The round-robin was overseen by Matt Wagner, the Director of Racquets for the club. As a final tribute to the day, all players were served strawberries and cream on the patio. As can be seen, it was a fun day for everyone.



-- Submitted by Linda Ginsburg

Fishing Club

There are no scheduled Fishing Club meetings in August. Our next scheduled meeting will be on Wednesday, September 27.

As of the day this was written, we can say that the Kids Kamp Fishing Experience was quite good. Many very active fisherpeople hauled in a few largemouth bass and catfish! The high ratio of bass and catfish to bream and other panfish was somewhat surprising. The Club hasn't stocked bream in a few years while emphasizing bass and grass carp. We must watch the balance to ensure an adequate food source for the game fish the next time we stock.

There has been much discussion this summer, both inside and outside the Plantation, about fishing in lagoons that are home to alligators. Be assured that Club members volunteering to help the children during their fishing experience pay close attention when a gator shows up. If a large gator makes an appearance, we simply shut down fishing. Smaller gators are watched and distracted away from the children. It has been our experience that the large number of children and adults standing along the shoreline seems to intimidate gators and they stay closer to the far shore than to the fishing side. The children must stand behind a spray-painted safety line along the shoreline. At the start of each session for each age group, the children have their rules explained to them. When they are "released," they RUN to pick up a rod and start casting. There is no question that fishing is high on the Kids Kamp Favorite Activity List.

You can estimate the size of an alligator by estimating the distance in inches between its eyes and the tip of its nose. An alligator length is about one foot for every inch in your estimate. No, you shouldn't get close enough to use a ruler.

If you are going to fish one of our lagoons, the first rule is to check for the presence of a gator. If it's much more than four or five feet long, go someplace else. Never stop checking! If a fish is landed, especially if it has generated a splash during the landing process, back away from the shore. Never turn your back to the lagoon. Always have forceps or pliers at hand to be able to remove the lure quickly. Drop the fish if a gator shows up. Club member Jim Lampke won the Club's Bass Contest in June. Jim fishes from a wheel chair which makes his win even more impressive!

- Earle Nirmaier

Party for One Club

Party for One is HHP's single ladies' club, and we have a full schedule of events planned for the coming weeks!

Save the dates for our upcoming gatherings:

Thurs., August 17, 5:30 p.m.-8 p.m. at Pink (Magazine) Partini
 Thurs., August 24, 5:30 p.m.-8 p.m. at Kind of Blue
 Thurs., September 21, 7:30 p.m.-9 p.m. – Salty Dog Happy Hour Sunset Cruise
 Thurs., October 19, 5 p.m.-7 p.m. – Islanders Beach Park

Advance registration is required.

For additional information or to register, contact Lesley Kyle: 914-671-9524 (m)/lesley.kyle@gmail.com.

Hilton Head Plantation Corvette Club

The club is lying low for the summer but will start up again in September. It has been a nice year so far, with lots of great events. There are many more to follow. Join us on Facebook at the Hilton Head Plantation Corvette Club. For residents who own a Corvette but are not on our mailing list, join us! Our Corvette club has no dues, meetings, bylaws or officers, just get-togethers.

To get on the emailing list, contact Dale Pena at dpena1@yahoo.com or call 585-704-2386.

HHP Yacht Club



Savannah's port is unique in the history of port cities in the United States. From its founding near a creek village in 1733 to the present, it has remained an important location for the global economy. In 1991, Talmadge bridge allowed larger ships access to what will become a new container port. New cranes arrived from the 1990s through 2018, and today's Port is unique as the only port that exports almost as much as it imports. Despite the long and narrow path from the sea, the port is the western-most port on the Atlantic Coast.

Join us on an exciting tour of the Port of Savannah planned for September 2023! (Final date TBD and set forth in an upcoming invitation.) Registrants will drive to the point of departure (The Westin Savannah Harbor). We will board an Outside Brands boat and the tour will depart at 10:00 am. Make sure to wear layered clothing to accommodate our ever-changing weather and bring drinking water, snacks, and sunscreen. The tour will last approximately 1.5 hours. We will adjourn for lunch immediately afterwards.

Upcoming events

Multi-day trip to attend the 34th Annual Wooden Boat Show in historic Georgetown, SC on October 21-22, 2023. There are pre-show activities and several nearby locations and attractions worth visiting if you want to extend your stay or choose to attend a venue other than the Boat Show. Once we know who and how many are attending, we will plan one or more locations for dinner. Please make sure to indicate your plans to attend the Boat Show or see other locales when you register so we can try to coordinate.

Do you want to explore a unique maritime location like the Ports of Savannah? Is there a feature of the Lowcountry you have been anxious to investigate? HHPYC is busy planning our fall boating activities. If you have any ideas or suggestions, please contact us and let us know your ideas. The more people involved the more fun we can have. Explore our website at HHPYC.org. All residents of HHP may join the Club. Social memberships are available for non-boat owners. Contact Membership@hhpyc.org for more information.



Garage Band

The 'Garage Band' is a place for musicians (beginner to experienced) who want to play 'classics' that are rock, country, blues (and even pop). We have a good time playing music that people like to hear. Everyone is encouraged to help the band get a set of songs together. SO, everyone come 'rock out' with us. The Garage Band wants YOU to come and listen, play, and/or sing! Don't be embarrassed – it's like singing in the shower, only with clothes on. WE REALLY NEED MORE HORNS. We meet almost every Wednesday of the month at the Plantation House from 7:00 pm until 10:00 pm – check the monthly activities calendar. For more information, you may contact Ric Blaine at 706-373-8204 (rcb3771@gmail.com). We'll play loud enough so you can hear us – maybe even in the parking lot! Please come on down and rock out. EVERYONE COME AND LISTEN! COME INSIDE OR SIT ON THE DECK. BRING YOUR OWN BEVERAGE.



We now have an acoustic spinoff group that meets on various days at the Plantation House for those who enjoy playing soft rock, blues, folk, country, bluegrass, and standards. Anyone who plays an acoustic instrument is welcome, so bring your guitar, mandolin, flute, maracas, spoons, washboard, fiddle, or anything else you feel like playing, as well as your voice and your song ideas. Contact Carol at carolkajano@gmail.com for more information and to gain access to our current acoustic song list and schedule.

Tuesday Ladies Bridge

Openings are available in the Tuesday Ladies Bridge Group. Our group meets every Tuesday from 12:30 to 2:30 PM at the Plantation House to play intermediate bridge. If you are interested in joining us or would like more information, please contact

**Gerry Jagen at gjagen@msn.com or
Barbara Mainenti at
mainentihhi@gmail.com**

Wednesday Ladies Bridge

The Wednesday Ladies Bridge Group meets every Wednesday from 1:30 - 4:00 PM at the Plantation House.

843-341-9383

Lois Womelsdorf

Train Club

This club is for anyone who has an interest in trains. Some of our members have extensive layouts, some have only a holiday display, and some have no trains, just like railroading in general. Members are modelers, history buffs, railfans, etc. Model train members have O, HO, and G gauges, to name a few. The club has a permanent layout in the Plantation House, both O-gauge and HO-gauge.

We provide running trains for some of the plantation functions, for example, July 4th, the Holiday Hayride, and the Children's Holiday Party. We provide assistance to anyone who needs help or just wants information about the hobby. Our club members or guests do presentations on various train topics. Occasionally, we may visit another train club in the area, attend area train shows, or visit a train museum or a member's home.

Regular meetings are normally held at the Plantation House, at 2:00 PM, on the second Wednesday of the month from October to June.

Guests and new members are always welcome. Please consider attending.

For additional information, contact Bob Gluszik at rgluszik@yahoo.com.



When you attend an HHP Crafters' sale for Hospice Care of the Lowcountry, you will notice that many of our crafts have a low country

influence. Shell trees and shell candle rings are popular. Welcome beads made with shells are a low country symbol of hospitality for family, friends, and guests. The palmetto tree and crescent from South Carolina's flag is a popular design from decoupage coasters to needlework pictures. Also, many of our projects depict sea turtles, star fish, and of course, our low country sea and shore birds.



Our members have many different crafting abilities, and we always welcome new members, whether full or part-time. If you would like to join Crafters, get email updates on craft sales, or have donations of craft materials, please contact either Margot Gilbert at 843-342-9996 or Deanna Collins at 843-689-3979.

**Laurie Arnold
arnold3909@yahoo.com**

Motorcycle Riders!

The HHP Motorcycle Club meets monthly at the Plantation House. Riders and those interested in riding are welcome to attend to explore this new club. While we are not allowed to ride inside HHP, this club is for those that want to meet, get to know each other, and plan rides in the Lowcountry and beyond. You can also reach out to Dave Pirkey at 98flstc@comcast.net or 843-415-5344 for more information.

Interested in an HHP Motorcycle Club?



 **Java Thursdays**
HHP Men's Group 

Looking for an opportunity to get together with some of the men from HHP for some good old fashioned male conversation and a cup of

coffee? Well, join us every Thursday morning at Spring Lake Pavilion from **8:00-9:00 AM**. We'll have the coffee, a bite to eat and lots of things to talk about!

If you have any questions or would like to get on our mailing list, please contact Ray Makalous at rmakalous@gmail.com or John Prange at j2prange@gmail.com.



Look forward to seeing you there!

HHP Board Game Club

Come join the fun and play exciting and fun board games! We meet the first Thursday of every month at 7:00 PM downstairs in the Spring Lake Pavilion. Bring any games that you like (if you want). If you bring a game, it's better if you already know how to play! The group decides what games to play, and everyone is included. Bring a friend! For more info and/or to be added to the mailing list:



Contact Bill Leahy 404-232-5011 or bleahy48@gmail.com

Thank you from the Women's Club

The Women's Club would like to extend a heartfelt thank you to all HHP residents who donated food and monetary donations to the **Deep Well Food Drive** in July to help keep families in need. HHP donated almost **2,000 pounds of food**. In a single afternoon, funds and food were collected to make an almost **\$8,000** impact for local neighbors. Thank you for helping us feed hundreds of people!

WILDLIFE SAFETY REMINDER

Please be mindful of our alligator and wildlife population on Hilton Head Plantation. HHP is home to alligators, six venomous snakes, coyotes, spiders, etc. Most alligators have a healthy fear of humans. If you suspect and can identify an alligator demonstrating aggression towards humans, please report it to Security so they can investigate and determine if the alligator is indeed aggressive.

DO NOT HARASS OR FEED ALLIGATORS.

Please exercise caution and common sense.



HHP Dog Club

Dear Dog Folks, This month, I am addressing a canine behavior that often mystifies humans — barking. There are basically seven reasons why dogs bark.



Excitement: If your dog barks when you come home or when it hears the familiar sound of their leash, he is excited. The barks are accompanied by a rapidly wagging tail. Barks of excitement, usually one or two high-pitched intermittent yaps, continue until the excitement has dwindled.

Attention or Food-Seeking: A long string of single barks with pause between them is designed to get your attention, perhaps for play or food. Their bodies are more relaxed than excited, their ears back, their tails straight or slightly wagging. In some cases, a dog may lower themselves into a play bow (front legs down with their bottom in the air) to signify they are ready to play.

Boredom: If a dog is not mentally and physically stimulated, he may develop destructive behaviors. Engaging your pooch in daily walks, puzzles, play and affective can help prevent boredom. Boredom barks are usually low-pitched and uttered pairs.

Fear and Anxiety: If a stranger approaches or another dog is nearby, you will often hear a low bark accompanied by a growl. The head may be lowered, the body tense, and the tail down or between the legs.

Pain: Pain barking is high-pitched and staccato. If your dog parks in pain when touched or at the prospect of being touched, examine him thoroughly for injury and see a vet if the pain barking persists.

Reactive: Reacting to something unexpected is a singular bark, but it can be followed by more barking. It is also typically higher in pitch to reflect surprise. As with humans, it's a mostly involuntary response to being startled. You may hear this if you walk up to a dog that wasn't paying attention or has poor hearing, or if they think they see something move quickly in the grass. This bark may be uncontrolled.

Dementia: As dogs age, they have a greater tendency to bark in their sleep or to bark at shadows. They may be hallucinating. If the problem persists, consult a veterinarian.

The content of this article was gleaned from a publication by Dr. Monica Tarantino, a small animal veterinarian and pet parent educator.

Happy Dog Walking in the Shade,
Helen Collins

843-689-9303 | helen.marie.collins@icloud.com



HHPWC - Spreads Joy!
New Adventures await: make friends, be active, learn new things, support your community, and BELONG!

Upcoming Speaker:



September 12
Bluffton Then and Now

Paul Tollefson will present the history of Bluffton using pictures and video of the people, places, and things over the last 100 years that make Bluffton the charming town that it is today

Upcoming events:

September 26: New Member Welcome Event
 Spring Lake Pavilion 5 pm to 7pm

President's Message:

It's a Women's Club tradition to support our community with generous contributions to selected local nonprofit organizations. In May, we donated a picnic table to the HHP Dolphin Head recreational area. Cash donations were also made to Deep Well, Lowcountry Gullah and the Boys and Girls Club of Hilton Head.

-- Patrice L. Lombardo, President

The activity groups:

Beach and Bluff Walkers | Biking Buddies | Bible Studies | Book Clubs | Flick Chicks | Green Thumbers | Happy Hour Girls | Vino Formaggio | Out to Lunch Bunch | Road Show Adventures | Knit Wits | Card Sharks | Euchre | Marathon and Party Bridge | Advanced and Beginner Bridge Lessons | Mangia con noi | Sip at the Pit | Afternoon Beach Walkers | Plant Forward Eating | Happy to help | S-low country Hikers | Caregivers for grown children with Special needs

Announcing the upcoming guest speakers

The Women's club of Hilton Head Plantation, is pleased to present some of this year's speakers who are local legends, authors, historians and business owners with stories that will entertain and inspire us.



October 10 - Resilience! Believe and Bounce Back
Shannon Royster is a Weeknight Evening Anchor for WJCL 22 News. Listen to her story about overcoming the struggles and adversity of raising a child on her own after divorce in the crazy world of tv news, and the women who helped her to succeed after hitting rock bottom.



November 14 - America's First Museum: 250 Years of Collecting, Preserving and Educating.
Jennifer McCormick is Chief of Collections for The Charleston Museum and curated all the treasures in the current exhibit. She will share what makes for a great exhibit, the process by which objects are identified and acquired, and how to create a compelling display.



January 9 - Some People Think I'm a Shoe!
Stan Smith will regale us with stories about his illustrious career as an American Tennis Legend. In 1971, Sea Pines developer, Charles Frazier, invited Stan to "establish a tennis presence" on HHI and he has lived here ever since. Stan will also be giving away an autographed copy of the coffee table book with the same title.

Follow us on Facebook
Visit our website: www.HHPWC.org and Join today!



Summertime, and the living is easy! Our HHP artists always find a way to be inspired in the Lowcountry.

The HHP Artists Association is a visual arts club and reflects the diverse vision of our members. We have painters, pastel artists, photographers, sculptors, fiber artisans, jewelry designers and stained glass artists.

If you are interested in finding out more about us, or to become a member, please email us at hpartistnews@gmail.com.



"Beach Time" by Annie Coughlin



"Heron Shrimp Catch" by Norma McClean

BACKGAMMON CLUB

Interested in the ancient exciting game of backgammon? Are you experienced? Never played? Want to learn or do you want to play in friendly tournaments with other players? Well, there's a club for all that right here on Hilton Head Plantation. THE BACKGAMMON CLUB meets the first and third Monday of each month at 6:30 pm at Spring Lake Pavillion. No dues, officers or meetings. Just backgammon. We do ask that you sign up so we can keep you up to speed on any announcements that might need to be made. Bring your board if you have one but don't worry if you don't. We have extras. Contact Layne Carver at 651-247-7434 or layner-carver@hotmail.com. Hope to see you there!

Porsche Club of HHP

On Saturday, July 15, the Porsche Club of HHP hosted an "All Sports Car Day" at the Plantation House Parking Lot. About 50 cars participated. There was a wide variety of automobiles, including Corvettes, a Dodge Viper, a Ferrari, Mercedes, a Lotus, Mustangs, a Jaguar, Miatas, Chevys including a Camaro, and a variety of Porsche cars. Everyone had a wonderful time sharing stories about their experiences with their cars. The Porsche club enjoyed hosting the event, which was a big success. Another "All Sports Car Day" is being planned for the fall. Local Magazine took pictures and interviewed a few car owners. They are planning to do an article that will appear in the October magazine, which will also cover the 2023 Concours d'Elegance. If you would like to join the Porsche Club or be on our email list for notification of our next "All Sports Car Day", please notify me at porscheclubhhp@gmail.com.



Safe Travels,
George Haley

HHP Low Vision Club

The Low Vision Club is honored to have Carl W. Baker, MD FASRS, as our Speaker in September. The meeting will be held on Thursday, September 7, at 2:00 PM in the Clubhouse at The Cypress, right at our HHP back gate. Dr. Baker has extensive credentials with two degrees from the University of Kentucky and postgraduate training at MUSC. He has practice experience at the Retinal Center he founded in Paducah, KY, and at his Retinal Institute here in Hilton Head. His many honors for excellence in these pursuits is capped by other success in patient care and clinical research. Dr. Bradley will speak on "The latest Surgical and Medical Advances Impacting Eye Care" today. His presentation will include key information on new drugs now available for treatment of wet and dry Macular Degeneration. Anyone with an interest in optimizing eye health is welcome to attend.

-- Dr. Chuck Duvall

Karaoke Club

We have had "great success, all types of singing and dancing, and a lot of fun" in our first three HHP Karaoke Club meetings! We are continuing to "build the momentum" of this new club so that we will continue to grow. Our next karaoke club night is all set for Thursday, June 15th, 2023, at the Spring Lake Pavilion from 6:30 - 9:00 p.m. We will meet each third Thursday of the month throughout 2023. Here are the future HHP Karaoke Club dates: June 15th, July 20th, August 17th, September 22nd, October 19th, November 16th, and December 21st.



No reservations are needed. BYOB and/or own refreshments! 8' X 8' projection screen, multi-speaker overhead sound system, and any YouTube song that you want with lyrics! Great fun! For more information, contact Jim Peresta – email: jamesmichaelperesta@gmail.com- or call Jim at 443-558-6126. Remember, you can bring whatever you like to drink and whatever you like to snack on or eat. Tables will be provided. The kitchen there will have ice! Be thinking of your favorite karaoke songs and send the names of the songs that you would like to sing or would like to hear. Please invite any and all of your HHP friends as "the more the merrier".

Kayak Club

The Kayak Club offers many trips for beginners to advanced kayakers that are "on the doorstep" of Hilton Head Island. Some trips will have rental kayaks available, and some will not. If you are looking for a kayak, get on our mailing list, and when someone in the Kayak club wishes to sell a kayak, we will send out an email.



If you want to learn more about kayaking in the low country, join us at our August meeting at the Plantation House on the last Tuesday of the month at 7:00 PM for all the latest information on our current plans and meeting information, please check out our website at Kayakclubhhp.weebly.com If you are not a member of our club or if you have any questions about our activities. Please contact Janis Agnew at kayakclubofhhp@gmail.com Please note you must be 21 or older. A parent or guardian must accompany those under 21.

Upcoming Events: August 18 Mitchelville Beach Kayak Launch & Lunch

Craft Beer Club

Beer...and Smoked Meat...and Beer! Our July meeting was a private event for the HHP CBC on the newly opened rooftop bar

at Smokehouse, aptly named The Smokestack. Their dart board also received a lot of "play," but caution was noted as Beer and Darts can be a dangerous combination. No darts or members were harmed at the event!

For advance notice of our monthly events join now so you don't miss the unique BEERventures planned this year including a first time event in the next month or two. Members receive advance notice early in the month for the planned event that month so don't just wait for the mid-month HHP Newsletter...or you'll be sorry...and thirsty!

The club typically meets on the fourth Monday of each month at the Spring Lake Pavilion at 6:30 PM unless there is an offsite event. Members are encouraged to bring craft beer from the area, their travels or which friends from out of state bring to them, to discuss and share with the group. Dues are \$10/year per person and you may join at any time of the year. Our sharing provides craft beer aficionados the opportunity to try other styles and flavors of beer to expand their beer palates.

Please contact Steve Yingling via Email at SteveHHI@kw.com with questions or to indicate your interest in becoming a member or to send contact info for those who wish to be members or guests.

-- Steve Yingling

Euchre Club

The Euchre Club meets on the third Friday of each month. They will play at the Spring Lake Pavilion at 6:15 PM.

For more information, please contact Chuck Stewart at chuck.stewart@e3partners.org or 330-283-2827. No reservations necessary if you know how to play!

The club also offers FREE one-hour lessons by appointment only.

Women's Java: Coffee, Conversations with Common Grounds

Just like the men, HHP women now have their own coffee time. Here's a way of getting together with HHP women for a casual morning of conversation and a cup of coffee or tea. We will meet every Tuesday morning at Spring Lake Pavilion from 8:00 AM to 9:00 AM for coffee or tea and a snack to share with inspiring talk. If you have any questions or would like to get on the mailing list, please contact Beverly Silber Rogers at bevsilber@bellsouth.net



Women's Java is off to a great start with wonderful women. Join us for a great way to bond and get to know each other!

Newcomers Club

Aloha! As the sweet days of summer wind down, the Newcomers Club is gearing up for a fantastic start to the 2023/24 season with a Hawaiian Luau Party on Tuesday, September 19, starting at 6:00 PM at the Plantation House. We'll have a great spread catered by Jimmy Fitts (drinks will not be provided so please BYOB). Hawaiian attire is optional but strongly encouraged!



Want to be part of the fun? Simply visit www.HPPNC.com to pay your yearly dues of \$20 per person and confirm your email address. Once a member, you'll receive an email the first of September so you can register to attend the event. Advance registration with payment is necessary for planning purposes and we are unable to accept walk-ins.

The Newcomers Club is a fun social group that offers all residents a great way to meet neighbors and make friends in a welcoming environment. All residents are welcome, whether you are brand new to HHP or have called HHP home for years! Our season runs from September through May with one catered event a month. Members receive an email the first of the month with details on the upcoming event and a link to register and submit payment to cover the cost of the meal. Be sure to check out our website at www.HPPNC.com for more details.

Hope to see you in September! Aloha Nui Loa!

-- Lisa Miner
Publicity Chair



Friendly Foodies/Sips & Bites Cooking Club

Do you delight in cooking, trying new recipes, entertaining in a more formal style, and regularly sharing wonderfully prepared food with three other couples? Then the Friendly Foodies Gourmet

Cooking Club may be just the group you are looking for. We offer formal, full course, home-cooked dinners for dinner parties of 8 during the first half of the month and more casual and relaxed gatherings of four couples, sharing delicious Appetizers/Hors d'oeuvres paired with wine during the second half of the month. You can choose to participate in either or both types of events monthly. (The club does not meet during July, August, and December). At the present time we have a full membership but are compiling a waitlist of people interested in joining. Please contact Marianne Blaine marianne@marianneblaine.com if you are interested.

Men's Cooking Club

Men's 2nd Wednesday Cooking Club We have had several meetings this year with member chef's providing memorable lunches. We are a "laid back" group of guys who enjoy refining our culinary skills, enjoying others expertise and appreciating the camaraderie. Our meetings feature a "Chef of the Month" who prepares a lunch for the group guided by whatever you enjoy preparing. We do everything from tailgate menus, Italian, German, Irish, Mexican and so on. We have everyone from men who have been cooking for a long time to novices. We currently have ten members and are actively seeking two more. Please join us as our guest for our next lunch and decide for yourself if our group is for you. Please call Rick Dean at 770-354-3340 or rjdean@roadrunner.com with your interest.

Men's 4th Tuesday Cooking Club

Our Cooking Club consists of men who enjoy cooking new and interesting full course meals for lunch once a month. The meal is prepared at the Spring Lake Pavilion or frequently at the member's home. We enjoy each other's company and the opportunity to improve our skills. **For further information please contact: Steve Strom 843-342-2838.**

Ladies Bridge Group

We meet at the Plantation House every Friday at 1:30 PM. We currently have a full roster; however, if you are interested please let me know and I will get in touch with you if we have an opening or need someone to sub. Please email me at lakwb@hargray.com. Level of play is Intermediate.

--Lois Womelsdorf

Advertisements in the Plantation Living newsletter should not be viewed as an endorsement from the Hilton Head Plantation Property Owners' Association, Inc. The Association claims no liability for the content of any ads. Ads are accepted on a -space-available basis.



Bountiful Harvest Success and a Special Request

Farmers Club

We had an amazing Summer Market season with record sales and still had plenty of lovely, fresh fruits and vegetables to share weekly with St. Stephen's Food Bank in Ridgeland. One week, the back of the delivery car was almost full of tomatoes! Thanks to our farmers who graciously share their bounty, we will continue to take fresh, seasonal produce to the Food Bank throughout the rest of the year.



Our Non-citrus Orchard includes apple, fig, nectarine, peach, and plum trees. The severe frost in late December last year killed many trees' blossoms. We were not expecting a marketable harvest from our new trees this year, so nature did not impact the expectations of our yield.

The blossoms on the new peach trees did survive, and we were able to sample the peaches at our first Summer Market. Fig trees produced a bumper crop of figs that we harvested in June and July. Expect to see lots of Fig jam varieties at our Winter Market.

To help satisfy our market demand for fresh blueberries and blueberry jam, our blueberry patch was increased with the addition of twenty new plants, bringing the total number of blueberry bushes to 110.

Sixteen of our well-established Citrus Orchard trees were killed by the freezing temperatures. All those trees were removed, and new drip irrigation was installed. Eleven difficult-to-source grapefruit, lemon, lime, orange, and tangerine trees that met our harvest/market/temperature tolerance criteria were planted in May.

The Farm Club humbly requests that Homeowners in HHP who have productive citrus trees kindly donate some of their harvest for our Winter Market in November and December. Please contact Joan at president@hhpfarmers.com.

Submitted by: Lynn Tax and Nancy Renner, nnrenner@outlook.com 505-269-6498

Woodcarvers

Are you looking for a hobby that allows you to create beautiful keepsakes or practical items without spending hundreds of dollars just on getting started? Wood carving checks all of those boxes. It is a type of woodworking in which people use knives, chisels, and other hand-held wood carving tools to create figures or designs in pieces of wood. A wood carver's most basic tools are carving knives, such as whittling knives, chip carving knives, and hook knives. Whittling knives are all-purpose tools, while chip carving knives feature a thin, short blade that allows carvers to chip away small bits of wood. A hook knife, or spoon knife, has a bent blade shaped like a hook and is ideal for carving spoons and other pieces with hollowed-out areas. Most woodcarvers start by whittling. They find a small piece of softwood and use a pocket knife to create a toy or a trinket. Whittling is the most basic type of wood carving since the only essential tools are a wood carving knife and a honing strop. Chip carving starts with a flat piece of wood. Carvers "chip away" bits of wood to form a design on the wood's surface. Chip carvers use gouges as well as carving knives. Most woodcarvers do not build or repair furniture. They work on a much smaller scale. Come and visit with us at the Plantation House on Thursdays from 12:30 to 2:30. See if you might be "cut out" to be a woodcarver. Your grandkids will benefit from your newfound skill.

Contact Jan Gantzhorn 302-528-3475

SOLO DINING GROUP FOR MEN AND WOMEN IN HHP OVER 60

A social group for widowed and unattached single men and women over 60 years old who do not wish to dine alone but would like to socialize and dine at local restaurants once or twice a month. For more information, contact Pat Lucas - email patvhhi@aol.com or call 843-301-6600

Men's Cards

Per the schedule listed on the POA Monthly Activities Calendar (insert can be found inside *Plantation Living*), Men's Card Groups play at the Spring Lake Pavilion at 6:00 PM on the following days:

Every Tuesday

Every Wednesday

Second & Fourth Thursdays

We encourage you to stop by and watch the games played to determine if you are interested in joining one of the groups.

The Tee Timers, a women's group, plays year-round golf every Wednesday,

weather permitting. We enjoy three courses on Hilton Head Plantation: Bear Creek, Dolphin Head, and Oyster Reef. Our members, who play at all experience levels, enjoy the golf and the opportunity to meet and play with others in our community. We begin a new season in September, and registration starts in August. Dues are \$20 annually. To join Tee Timers for the next year, please send your dues, your name, and email address, to Maureen Schlegel, 9 Pearl Reef Lane, HHI SC 29926. For more information, email teetimers@gmail.com.

Soccer Shots will RETURN this fall!
If you're interested in signing your child up there will be an email with signup information or call 843-681-8090.



The Happy Times Party

Happy Times is meeting at the Spring Lake Pavillion, due to the construction at Dolphin Head. It is still the fourth Sunday of every month. Again no reservation, no RSVP, no agenda, no dues. Just a good time. Bring your own beverage and a contribution to the food table. Ice will be provided.

Date: **Fourth Sunday of every month (except December)**

Time: **5:00 - 7:00 PM**

Place: **Spring Lake Pavillion**

For more information call Schatzi Khalifa at 315-382-1727 or email Ezz Khalifa at hekhalf@gmail.com.

NEW CLUB - HHP European Travel and Culture (ETC) Club

Do you love one or more countries in Europe? If so, please join our new club - European Travel and Culture (ETC). After discussion with several HHP residents and neighbors, it became apparent that many of us have loved trips to Europe as well as the variety of cultures which many HHP residents are from or may descend from. The initial idea for this new club is to have its members share where they have been, their love for certain European cultures, and perhaps have people like myself and my wife who have been fortunate enough to have lived abroad and traveled in Europe, share recommendations as well as interesting stories, etc. Members who have upcoming travel plans to Europe or may just have an interest in countries, people, traditions, food, etc, are welcome to join as well. If members are interested, this could evolve to having meetings and events related to particular countries like Italy, Greece, France, Spain, UK, Ireland, etc. We expect to have our first meeting in September (date TBD) and are currently seeking to know who is interested in joining our fun and exciting club. Please send me an e-mail if you would like to join. - **Brian Bules**
brian.s.bules@gmail.com

HHP Pickleball Club

HHP PICKLEBALL In Action:

- Court 1 at the Tennis Club is now available for Pickleball. The court is only available on Saturdays from 4:30-6:30 pm. Go online (like tennis) to secure a time, or call the tennis office.
- HHP social play is being held weekly at HH Island Rec. To register, call 843-681-7273.

Today's Lesson:

- Over 37 million people play Pickleball today, the fastest-growing sport in the country.
- Pickleball is playable for everyone, from 5 to 105. 52% of core players are over 55 or older, and 33% are +65.
- Why is it so popular? It's a low-impact way to get moving. It's easy to learn; the court is smaller, net lower, and you play with wiffleball, so it's easy on the body. The short sprints and low-hitting impact make it easy on the joints.
- Research showed players burned 40% more calories during 30 minutes of pickleball than 30 minutes of walking. Another study showed people who played an hour of pickleball three days a week showed improvements in cholesterol, blood pressure, and cardiorespiratory fitness.
- There's no better time to give it a try!

Get Involved:

- Become a member and our 241 club members. Email: mjmarks54@gmail.com
- Follow us on Facebook at HHP Pickleball Players.
- We are discussing with the HH Beach and Tennis Club about hosting a weekly HHP Pickleball Club event. If interested in playing, send an email to bobesi@gmail.com.

Photo: HHP Residents Jim and Janet Barney and Janet and Ron Mraz are attending our beginner clinic at Island Rec.





Fall Junior Tennis

If your young tennis player didn't get enough tennis this summer, we are going to offer a Fall After School/Weekend Program starting on September 5th. If you would like more information, please check out the Spring Lake website or contact the pro shop at 843-681-3626.

USTA State Tournament is coming back to Spring Lake!

We are happy to announce the USTA 65/75&Over State tournament is coming back to Spring Lake on October 13th-16th. Keep your eyes peeled as there will be more information in the next coming weeks.

First Friday Tennis Social

Don't forget to mark it on your schedule and join our tennis social every first Friday of the month. Our next social will be on September 8th at 2:30 PM followed by a pro exhibition. You do not have to be a member of Spring Lake to participate but you must register in advance to secure your spot!

Pickleball Round Robins

Thank you to all the participants for our Pickleball Demo & Potluck last month. The bleachers, viewing deck, and courts were flooded with over 80 people who wanted to see what pickleball could be like on a clay court. It was a massive success. We will be hosting Pickleball Round Robins on the tennis courts every Saturday from 4:30 - 6:30 PM. All equipment will be provided, but we do recommend signing up early as space is limited.

Bocce 

It's time! Get your Bocce team of two or three players registered for the Fall league now through August 20th. The season begins early September, matches are played weekly, and we wrap up with a lively playoff event and an awards banquet for all players to enjoy.

New players are welcome to join the Fall League. Anyone who lives in HHP may participate. See registration instructions below.

To start off right for Fall, please attend the Information Clinic held at the Plantation House on 8/19 at 10:00 am. Basic rules, the play format, key dates, player responsibilities, special events and website navigation will be covered. Then, on 8/20 at noon, head to the Bocce courts to pick up some basic skills, techniques, and strategies at the one-hour Champions Clinic! Both of these clinics are free, and if you are new to Bocce, it's highly recommended to attend each one.

To register your team: Log on to the Bocce Club's Announcements page on Spring Lake Racquet Club's Court Reserve platform or enter the URL: <https://app.courtreserve.com/Online/Portal/Index/7345>. A "Need a Teammate" form is available on the Announcements page if necessary. For assistance, contact Bocce Club president John Hupchick at hpbocce.president@gmail.com.

Beginner Ballroom Masterclass



It's time to dance AGAIN! Please join the Activities Department and the dynamic duo from the Fred Astaire Dance Studio in Hilton Head (Paul El Haddad & Alina Schroyer) for another Beginner Ballroom Masterclass for an exuberant evening of dancing and fun! We will be teaching a class for ALL levels to enjoy. Some of the dances included in the class may be Shag, Foxtrot, Hustle, Salsa, Swing, and many more. Whether it's a date night or ladies' night, come join in on the fun! Drinks and hors d'oeuvres will be included! We can't wait to see you there!

When: **Friday, October 6**
 Time: **5:00 – 7:30 PM**
 Place: **Plantation House**
 Cost: **\$30/person**
 Questions: **Call Jen at 843-681-9090 OR Email: scheduling@hhppoa.org**

If interested in signing up, please stop by the Scheduling Office. Your check or cash payment IS your reservation. For questions, call 843-681-8090.

September Art Classes with LeAnn
Painting Interesting Shadows

John Singer Sargent didn't use grey to paint shadows, and neither should we! Join LeAnn Kalita on September 14, 21, and 28 when PAINTING INTERESTING SHADOWS will be the one and only topic. Rendering light and shadow correctly in a painting, be it portrait, landscape or still life, is very important and the variations within these elements will be the focus. These three classes are a must for any painter who wishes to see beyond dull dark lifeless shadows and move her/his work, through better comprehension and better tools, to the next level. Acrylic and watercolor painters of all levels welcome. Supply list given at registration.



When: **Thursdays, September 14, 21, and 28**
 Time: **1:00 – 4:00 PM**
 Place: **Spring Lake Pavilion**
 Cost: **3-Class Package is \$135/person OR \$49 for each half-day class**

If interested in signing up for any of LeAnn's classes, please stop by the Scheduling Office. Your check or cash payment IS your reservation. For questions, call 843-681-8090 or contact LeAnn Kalita via email: kalitart@gmail.com. To see some examples of LeAnn's work, check out her website at www.leannkalita.com.

“Medicare Updates and Tips to Decompress from Stress” Seminar

It is almost that time of year again – Medicare Open Enrollment! Please join the Activities Department in welcoming Karla Fields, a Licensed Insurance Agent with the David M. Gilston Insurance Agency, on Tuesday, September 26, at 10:00 AM at the Plantation House for a FREE seminar on “Medicare Updates and Tips to Decompress from Stress.” Karla will discuss the proposed changes for 2024 and what you need to know to enter the annual enrollment period. Learn about your Medicare options and how to compare plans. In addition, she will discuss tips to help you decompress from stress. Learn how to let go of stress. If you have questions about the above, the David M. Gilston Insurance Agency will help keep you informed and up to date.

Date: **Tuesday, September 26**
 Time: **10:00 AM**
 Place: **Plantation House**
 Cost: **FREE!**
 Presenter: **Mrs. Karla Fields Licensed Insurance Agent with David M. Gilston Insurance Agency**
Call Jen at 843-681-8090 or Email: scheduling@hhppoa.org

RSVP:

If interested in attending, please RSVP to Jen at the Scheduling Office. Light refreshments will be served. Space is limited so sign up today!

Presenter Background:

Karla Fields – Individual, Senior, and Group Licensed Staff Agent
 A native to Charleston, SC, Karla attended the University of South Carolina in Columbia where she graduated Cum Laude. She studied Management and Marketing as a dual major under the Business Administration degree program. For eleven years she has been in the health insurance industry. Her career first started with BCBS of SC. In this capacity, Karla marketed and sold individual plans, senior products, and small group plans. Three years ago, Karla became a licensed Staff Agent with the David M. Gilston Insurance Agency and will continue to be an active producer in all lines of business. She is an active member of the Greater Summerville Chamber of Commerce where she is a chamber advocate through their Chamber Champions program. She is also very involved in the Summerville community and enjoys giving back to her hometown. Karla is very involved with her Rotary Club, the Summerville Evening Rotary Club, where she just finished her term as President. She lives in Summerville with her husband, Cadill. In her free time, she enjoys exploring the outdoors and fishing.

Community Blood Drive

The Activities Department is teaming up with OneBlood for another community blood drive on Monday, September 11, between 10:00 AM and 4:00 PM.



OneBlood is a not-for-profit community asset serving hospitals in the South Carolina Lowcountry and Coastal Empire region. Blood donated with OneBlood stays in our community to help the needs of our local patients. Did you know – about 38% of the population can donate blood but less than 10% actually do? Share your power!

When: **Monday, September 11**
 Time: **10:00 AM – 4:00 PM**
 Where: **Plantation House Parking Lot (inside the OneBlood Big Red Bus)**

RSVP: **Jen at 843-681-8090**

To schedule an appointment, call Jen at the Scheduling Office at 843-681-8090 today! Not sure if your travel or medications will impact your eligibility, visit www.oneblood.org/donate or call 1-888-9DONATE (936-6283). Please remember to eat, hydrate, and bring an ID. Wearing masks are optional on the bus. Also, all donors will receive a OneBlood gift and a \$20 eGift Card PLUS a wellness check-up including blood pressure, temperature, iron count, pulse, and cholesterol screening. If you are not feeling well and healthy the day of the blood drive, please do NOT come to the blood drive. Thank you!

Holiday Photo Mini-Sessions are Back!

Looking to have that perfect family photo for your Christmas or Hanukkah cards this holiday season? The Activities Department is excited to be partnering with Stephanie Dunn of Be Still My Heart Photography again to offer Holiday Photo Mini-Sessions for families this fall. Capture the moments that last forever with a convenient mini-session to be scheduled through Jen in our Scheduling Office.



Reservations are ONLY accepted with payment. Mini-sessions will be scheduled on Wednesday evenings in September at Pine Island. Because we will be at the mercy of the weather, rain dates will also be scheduled for the following Friday just in case. Cost is \$175/session, and you must make an appointment in advance.

Dates: **Wednesdays, September 6, 13, 20, 27**
 Rain Dates: **Fridays, September 8, 15, 22, 29**
 Times: **Starting at 6:00 PM (10-minute time slots – max 5 families per date)**
 Cost: **\$175/session**
 Place: **Families will need to meet Stephanie at the entrance to Pine Island at your designated appointment time**

For questions, please contact Jen in the Scheduling Office at 843-681-8090. Space is limited so sign up today!

Morning Water Aerobics



Our morning Water Aerobics class with Gretchen Spiridopoulos will not only keep you cool, but also benefit your body. Water aerobics is similar to a land aerobics class but since it's done in the water, it places less strain on your joints (less impact). It also helps to strengthen the body because the water offers resistance leading to burning calories and losing weight.

Water aerobics works all the major muscle groups, provides all-over toning, improves balance and coordination, and relieves stress. Plus, the water massages you and the feeling of weightlessness can be very enjoyable. So dig out those swimsuits and take advantage of this class!

Date: **Mon. – Wed. – Fri.**
 Place: **Spring Lake Pool**
 Time: **8:30 AM – 9:30 AM**
 Cost: **See Universal Ticket Matrix for prices on page 19**
 Instructor: **Gretchen Spiridopoulos**

This class will end on September 29.

Deep-End Water Aerobics

The Activities Department is also offering an evening Deep-End Water Aerobics class on Tuesdays and Thursdays. Deep-End Water Aerobics will be a non-impact aquatic class with water resistance for overall conditioning using vertical positioning. Jogging and specific exercises will strengthen the back and abdominal muscles for a total body workout. This class will be a wonderful way to strengthen and tone your body!

Dates: **Tuesdays & Thursdays**
 Place: **Spring Lake Pool**
 Time: **5:30 – 6:30 PM**
 Instructor: **Jackie Spindel**

To attend this class, you must use a 2023 Universal Fitness Ticket. See Universal Fitness Ticket Matrix for prices on page 19.

Healthcare on Hilton Head – Speaker Panel Event

Have you ever wondered about the availability of doctors on Hilton Head? What about the quality of care? What specialties are in the area? Do we have state-of-the-art medical equipment and facilities? Please join us on Tuesday, August 29, for a free event at the Plantation House as we explore these topics and answer your questions about healthcare at our upcoming panel event featuring Mr. Joel Taylor, CEO of Hilton Head Regional Healthcare; Dr. John Newman, General Surgeon & Executive Director of Volunteers in Medicine; and Dr. Patrick Snowman, ER Physician and Chairman of the Department of Medicine at Hilton Head Regional Healthcare.

Date: **Tuesday, August 29**
 Time: **10:00 AM**
 Place: **Plantation House**
 Cost: **FREE!**
 Speakers: **Mr. Joel Taylor, CEO of HH Regional Healthcare
 Dr. John Newman, General Surgeon & Exec. Director of Volunteers in Medicine
 Dr. Patrick Snowman, ER Physician and Chairman at HH Regional Healthcare**
 RSVP: **Jen at 843-681-8090
 OR email: scheduling@hhppoa.org**

If interested in attending, please contact Jen at the Scheduling Office at 843-681-8090 or email scheduling@hhppoa.org. Space is limited so sign up today! Complimentary snacks and water provided.

Speaker Bios:

Mr. Joel C. Taylor assumed the Market Chief Executive Officer position for Hilton Head Regional Healthcare in October 2021. He originally joined the Hilton Head market as Chief Executive Officer of Coastal Carolina Hospital in September 2016. He was later appointed to the Market Chief Operating Officer position in April 2018 with operational responsibilities at both Hilton Head Hospital and Coastal Carolina Hospital. Taylor holds a bachelor's degree in political science from Birmingham-Southern College and master's degrees in business and health administration from the University of Alabama at Birmingham. He is a member of the American College of Healthcare Executives.

A general surgeon specializing in bariatrics, **Dr. John Newman** served as Hospital President and Chief Medical Officer for Advocate Aurora Health in Oshkosh, Wisconsin for the past six years. Dr. Newman now serves as Executive Director/ Chief Medical Officer of Volunteers in Medicine Hilton Head (VIM). Dr. Newman received his Medical School training at Uniformed Services University in Bethesda before becoming a US Naval flight surgeon. He went on to further his General Surgery training at the National Naval Medical Center in Portsmouth, Virginia and enjoyed a Military and Civilian practice in Virginia for 20 years. He ultimately became the Chief of Surgery for Sentara Medical Group in Norfolk, VA where he was responsible for the oversight of 45 surgeons and advancing surgical safety in 11 hospitals.

Dr. Patrick Snowman has worked in the Emergency Department for Hilton Head Regional Healthcare for the last thirteen years. He also serves as Chairman of the Department of Medicine at Hilton Head Regional Healthcare. In addition, Dr. Snowman has served on the Board for Volunteers in Medicine for the last four years. Dr. Snowman received his Doctor of Medicine from the Medical College of Pennsylvania. He also completed his residency in emergency medicine from the Medical College of Pennsylvania. Prior to working as an emergency Department physician for Hilton Head Regional Healthcare, Dr. Snowman was a Major U.S. Army serving as an Emergency Medicine physician.

Just a reminder for all POA Clubs using the POA facilities:

We will be having our **ANNUAL ALL CLUBS MEETING on Thursday, September 7**, to review HHPPOA rules and regulations for Clubs, discuss logistics of use of the buildings, scheduling procedures and event marketing.

**Each Club is encouraged to send at least ONE representative to the meeting.
 ALL Clubs – Please meet at the Plantation House at 10:00 AM.**

Club paperwork and building schedule request forms for 2024 will be emailed to each Club in advance and must be returned to the Scheduling office on or before the meeting date. For questions, please call Jen at 843-681-8090.

Yoga for Osteoporosis – New 6-Week Session

The Activities Department is excited to offer another 6-week session of Yoga for Osteoporosis with Gayle Caporale starting in September. This new session will be offered on Tuesdays from 4:00-5:00 PM starting September 12 and continuing through October 17. Yoga benefits people with Osteoporosis in many ways, such as improved balance and posture, coordination, strength and range-of-motion, and lower anxiety, all elements that reduce the risk of fracture. Whether you have Osteopenia, Osteoporosis or just want to build your bone strength and improve your balance, the 12 yoga poses participants will practice specifically counter bone and muscle loss and improve coordination and balance. It's accessible to those new to yoga, as well as long time practitioners. Gayle is certified to teach this method and has personally committed to this program of 12 poses 5-7 days per week. It has significantly improved her own bone mineral density in her spine and femur.



Dates: **Tuesdays
September 12 – October 17**
Time: **4:00 – 5:00 PM**
Place: **Spring Lake Pavilion**
Cost: **\$40/person**
Instructor: **Gayle Caporale**

If interested, please bring your \$40 payment to the Scheduling Office to reserve your spot today. Class size will be limited to 8 participants. For questions, call Jen at 843-681-8090.

Qigong Class – New 6-Week Session

Qigong (chee gong) is an ancient Chinese health care system that was developed before the written word in Chinese monasteries, hospitals and imperial courts. It integrates movements, breathing techniques, focus attention and self applied massage. Qigong means cultivating or working with energy and is practiced for health maintenance, increased vitality and inner peace. Our instructor, Bénédicte Gadron, will be teaching a six-week session beginning Monday, September 25. Classes will be held on Mondays at the Spring Lake Pavilion from 4:30 – 5:30 PM. The new class session runs September 25 through October 30, and the cost is only \$40/person for the entire session. If interested, please sign up with Jen at the Scheduling Office. Questions? Call 843-681-8090.

Dates: **Mondays
Sept. 25 – Oct. 30**
Time: **4:30 – 5:30 PM**
Place: **Spring Lake Pavilion**
Cost: **\$40/person**
Instructor: **Bénédicte Gadron**

Qigong's great appeal is that anyone can benefit from practicing it, from the very young to the very old. The movements are easy to learn. They can be performed standing, or sitting, and can be adapted for physical limitations. No special equipment or clothing is required. A minimum is needed in order to have this class so sign up today!

Universal Fitness Classes

Program	Instructor	Date/Days	Time	Place	2023 Fees
Low-Impact Aerobics	Louise Lund	Mon. Wed. Fri.	8:30 - 9:30 AM	SLP	1 ticket - \$7.00 10 tickets - \$65.00 20 tickets - \$120.00 30 tickets - \$165.00 40 tickets - \$210.00
Total Body Conditioning	Louise Lund	Mon. Wed. Fri.	9:30 - 10:30 AM	SLP	
Chair Yoga	Gayle Caporale	Mondays	3:00 - 4:00 PM	SLP	
Pilates	Holly Wright	Tues. & Thurs.	8:30 - 9:30 AM	SLP	
Core, Strength, & Balance	Louise Lund	Tues. & Thurs.	9:45 - 10:45 AM	SLP	
Gentle Yoga	Gayle Caporale	Tues. & Thurs.	5:30 - 6:30 PM	SLP	
Morning Water Aerobics	Gretchen Spiridopoulos	Mon. Wed. Fri. Ending 9/29	8:30 - 9:30 AM	Pool	
Deep-End Water Aerobics	Jackie Spindel	Tues. & Thurs.	5:30 - 6:30 PM	Pool	

**You must use a 2023 Universal Fitness Ticket in order to attend the above classes.
Tickets are available for purchase at the POA Service Center and the Plantation House.**

**Sign up for POA Activities at the Scheduling Office in the Plantation House.
Questions? Call Jen at 843-681-8090.**

Disney Bingo Night

Please join the Activities Department on **Friday, September 8, at 6:00 PM at the Plantation House** for a fun evening of **Disney Bingo** and refreshments and be sure to wear your favorite Disney apparel – whether you have a shirt representing your favorite Disney character or Disney Park or the kids want to dress up as their favorite Disney princess! We want to see your best Disney outfits!



Event price includes admission, an assortment of yummy appetizers, and one bingo card for the first round. Additional bingo cards are available for \$1 donation per bingo card per round. Deadline to sign-up is Friday, September 1. Seating is limited so sign up early. To register, stop by the Scheduling Office at the Plantation House because your payment IS your reservation. For questions, call Jen at 843-681-8090.

Date: **Friday, September 8**
 Time: **6:00 – 8:30 PM**
 Place: **Plantation House**
 Price: **\$10/person (includes admission, refreshments, and one bingo card for the first round)**
\$1.00 donation per bingo card per round
 Questions: **Jen at 843-681-8090**
 Deadline: **Friday, September 1**

We will also be selling bingo markers for \$2 each; however, feel free to bring your own. You may also BYOB if you wish. We hope to see you there!

Preserving Family Memories Seminar

Please join the Activities Department and local artist and HHP resident, Jean-Marie Cote, for a free seminar on Preserving Family Memories on Tuesday, September 12, at 10:00 AM. In this seminar you will learn how you can preserve and protect family souvenirs and memorabilia that have been passed from generation to generation. Your family history and images of your ancestors are souvenirs that are irreplaceable. To complicate matters, they exist in many different types of media: prints, letters, newspaper clips, movies (8 & 16mm film or tapes, VHS), slides and negatives. While photos can be viewed and enjoyed, anything that requires a machine to view is now “invisible” since the equipment is obsolete. One critical aspect of these souvenirs is that they are unique, which means that one major disaster can wipe them out forever. Future generations won't be able to see and value these historic memories unless they are preserved and converted to modern digital format. Take action now and give a precious gift to future generations.

Key Topics: *Why convert to digital format?, How does that work?, What can I expect?, Where should I start?, What is the process?, Who is providing these services?, What to know before handling your material to someone else?, How much does it cost?, Bonus tips on protecting digital files from potential loss.*

Date: **Tuesday, September 12**
 Time: **10:00 AM**
 Place: **Plantation House**
 Cost: **FREE!**
 Presenters: **Mr. Jean-Marie Cote, Digital Conversion Specialist, Owner of thefrenchguy studio**
 RSVP: **Jen at 843-681-8090 OR email: scheduling@hhppoa.org**

Presenter's Background:

Jean-Marie, a native of Quebec, is a long-time resident of HHP, has been involved for over 13 years with the Artists Association, and he is the owner of thefrenchguy studio, located on Hunter Rd, HHI. He is a photographer and a videographer with over 17 years of experience in digital imagery. He has in-house equipment and the capability to convert a wide variety of old media to digital format that can be viewed on modern equipment such as Smart TV, computer, tablets, and phones.



Flu Shots

The Activities Department is excited to be partnering with Burke's Main Street Pharmacy to offer Flu Shot Clinics at the Plantation House from 9:30 AM – 12:00 PM on Friday, October 13 and again on Thursday, October 19.



If interested, please RSVP online to the event that can be found at www.burkespharmacy.com.

There is limited availability so RSVP early if you are interested in participating. Please bring copies of all your insurance cards and picture ID to the clinic.

When: **Friday, October 13 & Thursday, October 19**
 Place: **Plantation House**
 Time: **9:30 AM – 12:00 PM**
 Cost: **\$65 – Low Dose**
\$106 – High Dose
 RSVP: **www.burkespharmacy.com**
 Administered by: **Burke's Main Street Pharmacy**

Most insurances are accepted; however, not all insurance plans cover flu vaccines. Flu shots are available without insurance. Valid Picture ID required. Exact cash or check will be accepted. Staff will not be able to make change for those paying in cash. The low dose (<65) vaccine will be \$65 this year and the high dose (65+) is \$106.

Estate Planning 101: What is it? Why is it so Important?

Please join the Activities Department and Elder Law Attorneys Rebekah Thompson and Roman Dodd from the Jolley Law Group on Tuesday, September 5, at 10:00 AM for a free 2-hour workshop entitled "Estate Planning 101." Every individual has an estate. Therefore, every individual should have an estate plan. Having an estate plan is the best way to ensure your wishes regarding your ongoing care and your goals for passing on assets to your loved ones are understood, followed, and legally enforced. Join Rebekah and Roman as they break down various estate planning documents, such as powers of attorney, wills, and trusts, and tackle topics like probate, incapacity planning, taxes, and more.

Date: **Tuesday, September 5**
 Time: **10:00 AM**
 Place: **Plantation House**
 Cost: **FREE!**
 Presenters: **Mrs. Rebekah Thompson and Mr. Roman Dodd, Attorneys with the Jolley Law Group**
 Jen at 843-681-8090
 OR email: scheduling@hhppoa.org

If interested in attending, please contact Jen at the Scheduling Office at 843-681-8090 or email scheduling@hhppoa.org. Space is limited so sign up today! Light refreshments will be served.



New 3-Week Session of Golf Fitness

Would you like to improve your golf game? The Activities Department is offering a 3-week session of Golf Fitness on Tuesdays and Thursdays starting August 22 which will focus on your core strength, stability, joint mobility, and balance – all needed to take your game to the next level. Without strong, pliable core muscles, it's hard to get a powerful swing. The key to a better game may be increasing flexibility and mobility. Join instructor, Vivi Kempf, for this 60-minute class geared to the golf enthusiast. All exercises are appropriate for tennis players too. No experience necessary; modifications will be shown when needed. If interested, please sign up with Jen at the Scheduling Office. Your payment IS your registration. Those attending should bring a small towel, mat, golf club, and water. Class size is limited.

When: **Tuesdays & Thursdays August 22 – September 7**
 Time: **4:00 – 5:00 PM**
 Place: **Spring Lake Pavilion (upstairs)**
 Fee: **\$40/person**
 Instructor: **Vivi Kempf**
 Questions? **Call 843-681-8090**

Instructor bio: Vivi Kempf is a certified fitness and Pilates instructor and a retired Physical Therapist Assistant (having worked with numerous patients on postural awareness, mobility, and core strengthening).

**ANNUAL CLEANING OF THE FACILITIES:
 Plantation House
 Spring Lake Pavilion**

Monday, August 21 through Friday, August 25

*Some POA Clubs meeting during this timeframe may need to be moved to another facility to accommodate the annual cleaning schedule.

Please call Jen at 843-681-8090 if you have any questions.

**All ad-hoc card groups who regularly meet at the Plantation House will need to find a different location for the week.

THANK YOU!!

"Breast Health" Seminar with Dr. Shelly Ringer

Did you know that 1 in 8 women in the U.S. will develop breast cancer in her lifetime? October is Breast Cancer Awareness Month. The Activities Department and Hilton Head Hospital invite you to join Dr. Shelly Ringer, Breast Surgeon from MUSC and Medical Director of Hilton Head Hospital's Breast Health Center, as she discusses the latest advances in the prevention and treatment of breast cancer.

Date: **Tuesday, October 10**
 Time: **10:00 AM**
 Place: **Plantation House**
 Cost: **FREE!**
 Presenter: **Dr. Shelly Ringer
 Breast Surgeon from MUSC & Medical Director of Hilton Head Hospital's Breast Health Center**
 Jen at 843-681-8090 or
 Email: scheduling@hhppoa.org

RSVP:

If interested in attending, please call or email Jen at the Scheduling Office. Space is limited so sign up today! Light refreshments will be served.

Presenter Background:

Dr. Shelly Ringer is a board-certified surgical oncologist with clinical interests in benign and malignant breast disease, breast cancer genetics, breast cancer surgical management, and management of patients at high risk for breast cancer. She received her medical degree from Indiana University School of Medicine and completed a general surgery residency at Good Samaritan Hospital in Cincinnati, Ohio. Her fellowship in breast surgical oncology was completed at the University of Pittsburgh Medical Center. Dr. Ringer is accepting patients at MUSC Health Breast Health Center located in the Bluffton Medical Campus in Bluffton, South Carolina.



Special Thanks!

The Kids Kamp Director, Counselors and Staff would like to thank all of the wonderful parents and grandparents, groups, and volunteers who made Kids Kamp 2023 such a fantastic summer this year!

An **EXTRA BIG THANKS** goes to the following groups for giving of their time and talent to make our Kids Kamp program such a success: The HHP Fishing Club, Jill Moore & Mollie Kinard – Moore 2 Life Naturalists, Doug Hubbard & Firehouse Nutz Extreme Events, Chuck & Janet Glausier with POPS of Hilton Head, LouAnne Barrett, the Gonzalez Family, Connie Cappy, and the Spring Lake Lifeguards. On behalf of the Activities Department, we would like to wish all of the children a safe return to school this fall. We hope to see each one of you back next summer!

“The Signs & Symptoms of Cataracts” Seminar

The Activities Department will be teaming up with Dr. Erin Benjamin of Goulas Eye on Monday, September 18, at 10:00 AM at the Plantation House to offer a FREE seminar on “The Signs & Symptoms of Cataracts.”



Dr. Benjamin will discuss the following:

- Define what a cataract is
- Determine the common signs and symptoms of a cataract
- Discuss up-to-date management and treatment options for cataracts

Come and learn information on the diagnosis, management, and treatment of cataracts.

Date: **Monday, September 18**
 Time: **10:00 AM**
 Place: **Plantation House**
 Cost: **FREE!**
 Presenter: **Dr. Erin Benjamin**
Goulas Eye in HHI & Bluffton
 RSVP: **Jen at 843-681-8090 OR**
 By email: **scheduling@hhppoa.org**

The seminar will conclude with a Q & A period at the end. Light refreshments will be provided.

To register, please call Jen at the Scheduling Office at 843-681-8090 or email: scheduling@hhppoa.org. Seats are limited so sign up today!

Presenter Bio: **Dr. Erin Benjamin** is a practicing comprehensive ophthalmologist at Goulas Eye in HHI and Bluffton. She graduated medical school at Philadelphia College of Osteopathic Medicine in 2009 and completed her ophthalmology residency at Michigan State University in 2013. Dr. Benjamin and her family currently reside in Hilton Head Plantation, and she looks forward to providing the highest level of eye care to her community.